**Rope Skipping Canada**

**Saut à la Corde Canada**

**RSC Board Meeting Minutes**
**September 7th, 2025**
**8:00pm ADT**
**Via Google Meet**

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|---|---|
| **In Attendance:** | **Carly Simpson** |
| | **Sam Faris** |
| | **Cameron Short** |
| | **Cathy Cunningham** |
| | **Shannon Fox** |
| | **Julianna Bourne** |
| | **Jana Hamiliton** |
| **Regrets:** | **Darren McLean** |

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1. **Welcome and Call to Order**
   Carly welcomed the board to the meeting. The meeting was called to order at 10:03pm.

2. **Approval of the September 7th, 2025 Meeting Agenda**

   **Motion:** To approve the September 7th, 2025 meeting agenda as presented.
   **Moved by:** Sam Faris
   **Seconded by:** Cathy Cunningham
   **Carried**

3. **Approval of the July 13th, 2025 Meeting Minutes**

   **Motion:** To approve the July 13th, 2025 Meeting Minutes as presented.
   **Moved by:** Jana Hamiliton
   **Seconded by:** Cathy Cunningham
   **Carried**

4. **Membership Fees**
   We are looking to increase membership fees for the 2026-2027 season. $10 for rec and $35 for competitive to present at the 2025 AGM for the following season. For the membership to vote on.

**Motion**: To approve proposing the increase of RSC membership fees for the 2026/2027 season at the 2025 AGM. $10 for rec and $35 for competitive
**Moved by:** Sam Faris
**Seconded by:** Jana Hamilton

5. **Strategic Plan Presentation**
   A subset of the board has been working on the strategic plan following the final report made by Sydney McLennan. The pillars pulled from the report are Stakeholder, Financial, Internal Processes, and Growth Enablement. The committee has been using the same template from the previous strategic plan and filling out the broad ideas in the strategic plan. They are also going to create another document of ideas to achieve the goals.

6. **Athlete Policies Proposal Update & Code of Conduct to Prevent & Address Maltreatment in Sport - Carly**
   We need to update and improve many of our policies. Cameron will compile a folder of draft/sample policies we want to adopt for Carly to bring to Allysa for a policy review. We need to know the cost before moving forward. We also have access to the Sport Law group through our insurance and Cameron will reach out to them to see what services they can provide.

   **TASK:** Cameron to create a folder of policies we want RSC to adopt
   **TASK:** Carly to ask Alyssa what it would cost for a policy review.
   **TASK:** Cameron to reach out to Sport Law to determine the resources available through our insurance coverage.

7. **Team Canada**
   **TASK:** Carly to create an announcement for the newsletter about Team Canada.

8. **IJRU**
   IJRU is working on becoming a member of AIMS. IJRU sent out a form gathering information based on the criteria required by AIMS. The main item RSC was missing from the form was an up to date strategic plan.

   IJRU will need an annual summary of actions for a strategic plan and an annual update of the form.

   During the IJRU championships RSC and AMJRF had a discussion about making cross border competitions in the future.

   **TASK**: Carly to ask if Canadian teams can participate in the AMJRF nationals.

   IJRU is working on an international leader board. They are going to start with speed. It is points based. Athletes will need to attend 3 qualifying events per year to be on the

leader board. Qualifying events will be anything sanctioned by IJRU. Higher level events earn you more points.

**9. AGM Prep**

We are unlikely to receive the year end financial report from Erika in time for an early October AGM.

**TASK:** Cameron to get an update from Sam A/Erika.

**10. Budget & Finances - tabled**

**11. Document Updates & 2025/2026 Season Prep**

**11.1.** Registration & Insurance - COMPLETED

**11.2.** Judging Task Force - Carly & Cameron - IN PROGRESS

**11.3.** Awards committee TOR - Cameron - IN PROGRESS

**11.4.** Athlete Council TOR - Sam F and Athlete Council - IN PROGRESS

**11.5.** Taylor Eleniak Award write up - Cameron - COMPLETED

**11.6.** Competition manual - competition committee - COMPLETED
Need the PDF

**11.7.** Qualifying 2027 - competition committee - IN PROGRESS
The competition committee wants to know what type of qualifier the BOD is comfortable having and if we want to have a survey to go out to clubs.

The board feels a virtual event makes the most since financially, and time wise for the membership as well as logistically for those running the qualifier. We want to release a survey asking clubs what time of year they prefer for the event with a list of pros and cons for different timings from the board.

**12. September Newsletter**

Team Canada Update
Registration
National Skipping Day in Canada
Canva
Award applications

**13. Nationwide Representation**

No updates

**14. Membership**

| | Full | | | | | Full Total | Grand Total |
|---|---|---|---|---|---|---|---|
| *Province* | Athlete | Coach | Coach/Athlete | Judge | Volunteer | | |
| Alberta Total | 6 | 2 | 1 | 1 | 4 | 14 | 14 |
| BC Total | 43 | 1 | 9 | 9 | 1 | 63 | 63 |
| Ontario Total | 81 | 12 | 2 | 31 | 1 | 127 | 127 |
| **Grand Total** | **130** | **15** | **12** | **41** | **6** | **204** | **204** |

**15. Committee Updates & Review**

**15.1. Athlete Council -** Sam F.

Brad and Sam are working on setting a meeting to discuss the RSC challenge.

**15.2. Competition Committee -** Carly

The committee is working on compiling data for the minimum score suggestions. They are using data from the 2025 RSC Nationals and 2025 IJRU World Championships using the same formula as last time. They recommend continue to make it a recommended min score rather than required.

**15.3. Coaching Committee -** Shannon

Shannon is setting a meeting up in the fall.

**15.4. Technical Committee -** Cameron

No update

**15.5. Awards Committee -** Cameron

The updated forms will be added to the newsletter and website.

**15.6. NTC**

There is a location for nationals now but the signed contract hasn't been signed yet. We want to wait for a signed contract to release the details to the membership.

**16. Coast to Coast**

**British Columbia -** Cathy

Clubs are getting ready to get back in the gym and getting registrations in for the year.

**Alberta -** Julianna

All competition dates set and summit planning is well under way. RSA registration is open.

**Ontario -** Sam F.

Most teams are starting back up. ORSO had an in person meeting in August to prepare for the season and strategic planning. ORSO has changed the structure for competitions. The Open is going to be 2 weekends will be used as a qualifier for provincials.

**Nova Scotia** - Cameron

RSANS has set dates and locations for their competitions and judge training for the year. Registration will open soon. Clubs are getting started up again.

**17. New business**

ORSO has asked if RSC would consider hosting nationals at a later time.

**TASK:** Everyone to think about this and bring thoughts/ideas to the next meeting.

**18. Old Business**

**18.1. Tasks From Previous Board Meetings**

**Tasks from the November 24, 2024 Board Meeting**

**TASK:** Carly to make a TOR for an RSC judging task force. - **IN PROGRESS**

**Tasks from the March 23, 2025 Board Meeting**

**TASK:** Carly to ask Allysa what it would cost to do a policy review. **- IN PROGRESS**

**TASK:** For the competition committee to review the proposed minimum scores from the past and review them for the 2027 WC. **- IN PROGRESS**

19. **Next Meeting: September 21st**

20. **Adjournment at 11:58pm ADT**
    **Moved by: Carly Simpsom**