Rope Skipping Canada

Saut à la Corde Canada

RSC Board Meeting Minutes
September 21th, 2025
8:00pm ADT
Via Google Meet

In Attendance:	**Carly Simpson**
	Sam Faris
	Cameron Short
	Cathy Cunningham
	Shannon Fox
	Julianna Bourne
	Jana Hamiliton
Regrets:	**Darren McLean**

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1. **Welcome and Call to Order**
   Carly welcomed the board to the meeting. The meeting was called to order at 8:05 pm ADT.

2. **Approval of the September 21st, 2025 Meeting Agenda**

   Motion: To approve the September 21st, 2025 meeting agenda as presented.
   Moved by: Cathy Cunningham
   Seconded by: Jana Hamiliton
   Carried

3. **Approval of the September 7th, 2025 Meeting Minutes**

   Motion: To approve the September 7th, 2025 Meeting Minutes as presented.
   Moved by: Cathy Cunningham
   Seconded by: Sam Faris
   Carried

4. **Strategic Plan Presentation**
   Motion: To accept the 2025-2030 strategic plan as presented.
   Moved by: Cathy Cunningham

Seconded by: Jana Hamiliton

Carly suggested assigning a lead to each of the objectives. Then review the progress at each board meeting and also provide an annual report on progress to the membership.

Send out to the membership and have a town hall for Q&A.

TASK: PSO reps to tell provincial boards they should try to have as many members as possible in attendance for the town hall about the strategic plan.

TASK: Send out communication with sign up to gauge attendance.

5. **Athlete Policies Proposal Update & Code of Conduct to Prevent & Address Maltreatment in Sport**

Carly sent a list of policies we wish to build to Allysa to get a quote on a policy review. We also get a free 2 hour session with sport law as part of our insurance.

TASK: Cameron to reach out to sport law with a list of documents we wish to create to see what they can help us with.

6. **IJRU**

IJRU had another meeting about the form they sent for NGB's to fill out about AIMS. RSC has completed the form and the major missing piece was the strategic plan which we now can upload to the form.

TASK: Carly to reach out to IJRU about reviewing the strategic plan.

7. **AGM Prep**

Tentatively Nov 2nd at 8pm ADT

Still need the budget PDF, financial statement, and chair report.

8. **Nationals Timing - tabled**

9. **Budget & Finances**

The board reviewed and updated the draft budget for the AGM

10. **Document Updates In Progress**

10.1. Judging Task Force - Carly & Cameron - IN PROGRESS

10.2. Awards committee TOR - Cameron - IN PROGRESS

10.3. Qualifying 2027 - competition committee - IN PROGRESS

11. October Newsletter

Challenge
Updated docs - nat qualification policy

RSC challenge
Nat qualification policy
Athlete council tor
Nationals
Athletes wanting to attend AMJRF nationals with deadline

Future newsletters - highlight AC members,NTC, and committee chairs & other volunteers.

12. Nationwide Representation

No update

13. Membership

No update

14. Committee Updates & Review

14.1. Athlete Council - Sam F.

The RSC challenge is going on right now. The committee announced it was coming but we have yet to figure out what the events will be and final details.

14.2. Competition Committee - Carly

Working on the recommended qualification numbers for 2027

14.3. Coaching Committee - Shannon

No updates

14.4. Technical Committee - Cameron

No Updates

14.5. Awards Committee - Cameron

The updated nomination and application forms are on the website and went out on the newsletter.

14.6. NTC - Carly

If the hotels RSC gets contracts with are used RSC could get kick backs or additional rooms provided for free (that could be used for the NTC) this would lower the cost of the NTC in the nationals budget.

Team Show - The ribbons we have been using for team shows are used up now. The NTC suggested having a trophy that is brought to nationals yearly or a

banner that can have the club's names added to it every year. We could do individual print off like the records for each individual member or ribbons for individuals and a banner.

Pins - Do we need more RSC pins?
The RSC pins aren't intended for the nationals bags and are for Team Canada and RSC to sell so they are separate from the NTC's budget.

Coach badges - Do we need more coaches badges?
We are likely getting close to needing more.
TASK: Cameron to look at the number of coaches that are not also athletes and touch base with Autumn for a coach badge count.

Commentary - Does RSC want to pay someone experienced to come and do commentary and have people apply to learn from that person?
We might not be at that stage yet. We could look at a virtual mentorship/ meetings with someone who has done it before. We would need to gauge interest in Canada for who would want to train and be available to do commentary for the national championships.

Participation fee - The NTC is looking at a similar structure as IJRU with a cost per event. The board wants to see a proposal with how this would look and this could be a town hall discussion with the membership at the national championships.

Income from nationals - Who gets to use the income made from nationals? The RSC board would allot that money not the NTC

Vendor package for nationals - The NTC suggests having vendor costs to set up at nationals rather than a % of profits because those deals haven't worked well for us in the past. The board wants to see the proposal for a vendor package.

Emergency action plan - The NTC needs a specific emergency action plan for the national championships specific to the area and venue we will be at.

TASK: Cameron to provide example emergency action plans and a blank copy for RSC/NTC to use.

15. Coast to Coast

British Columbia - Cathy

All teams seem to be back in the gym. The BC Fall Camp on the Oct 17-19 weekend with the BC Allstars instructing along with two visiting out of town instructors. Teams are working on planning for regional competitions in March. Dates are set for the Records

Day in February so all jumpers are working on improving their speed scores. Most teams have an increased enrollment this season.

Alberta - Julianna
Alberta is getting ready for their AGM and Summit in October with some exciting facilitators and presenters.

Ontario - Sam F.
Most teams are just getting started. ORSO just held their AGM. Additionally they are working on planning the new competition schedule for the season.

Nova Scotia - Cameron
All teams are started back up. RSANS is working on planning a fall camp. An AGM will be scheduled in the fall.

16. New business

AMJRF/RSC Competition - working on getting a meeting scheduled for the 2 organizations.

17. Old Business

17.1. Tasks From Previous Board Meetings

<u>Tasks from the November 24, 2024 Board Meeting</u>

TASK: Carly to make a TOR for an RSC judging task force. - **IN PROGRESS**

<u>Tasks from the March 23, 2025 Board Meeting</u>

TASK: Carly to respond to ORSO asking what the small fee would be for creating the policies and ask some questions about the different policies. **- IN PROGRESS**

TASK: For the competition committee to review the proposed minimum scores from the past and review them for the 2027 WC. **- IN PROGRESS**

<u>Tasks from the September 7, 2025 Board Meeting</u>

TASK: Cameron to create a folder of policies we want RSC to adopt **- COMPLETED**

TASK: Carly to ask Alyssa what it would cost for a policy review.

TASK: Cameron to reach out to Sport Law to determine the resources available through our insurance coverage. **-IN PROGRESS**

TASK: Carly to create an announcement for the newsletter about Team Canada. -**COMPLETED**

TASK: Carly to ask if Canadian teams can participate in the AMJRF nationals.

TASK: Cameron to get an update from Sam A/Erika. **-COMPLETED**

TASK: Everyone to think about Nationals timeline and bring thoughts/ideas to the next meeting.

18. **Next Meeting: October 19th, 2025 8pm ADT**

19. **Adjournment at 9:48pm**
    Moved by: Carly