Rope Skipping Canada

Saut à la Corde Canada

RSC Board Meeting Minutes
September 15th, 2024
8:00pm ADT
Via Google Meet

In Attendance: **Carly Simpson**
Sam Faris
Cameron Short
Sam Ashley
Shannon Fox
Mary Kish
Julianna Bourne
Cathy Cunningham
Sydney McLennan - Strategic Plan Update

---

1. **Welcome and Call to Order**
   Carly welcomed the board to the meeting. The meeting was called to order at 8:03pm ADT.

2. **Approval of the September 15, 2024 Meeting Agenda**

   Motion: To approve the September 15, 2024 meeting agenda as amended.
   Moved by: Cathay Cunningham
   Seconded by: Julianna Bourne
   Carried

3. **Approval of the August 11, 2024 Meeting Minutes**

   Motion: To approve the August 11, 2024 Meeting Minutes as presented.
   Moved by: Cathy Cunningham
   Seconded by: Julianna Bourne
   Carried

4. **Strategic Plan Update - Sydney**
   Sydney is doing a project for Rope Skipping Canada including the creation of a new RSC strategic plan for 2025-2030 to focus on National Sporting Organization (NSO) recognition. She has been in contact with Sport Canada and their new guidelines are being released this month. There are new eligibility requirements and less strict rules.

There are a few hard eligibility requirements but these are items that RSC meets. They now take applications every year, not every few years like in the past. The project will be complete before the beginning of 2025.

5. **RSC IJRU Qualifier**

Ontario, Nova Scotia, and Alberta have facilities booked. BC is in the process of booking a facility.

6. **Team Canada - Tabled**

7. **IJRU Update** - Carly/Cameron

The new rulebook is now published on the IJRU website.

7.1. General Congress

The general congress has been pushed to October 12th. Cameron and Sam F will attend.

8. **2024 AGM** - Sam A./Cameron

8.1. Budget/Financial Report

The annual review is underway. Erika has all the documents and is working on the review. A few invoices from nationals were late so it took extra time to wrap up the year-end.

8.2. Bylaw amendments

No updates

9. **Document Updates**

No updates

10. **Registration & Membership** - Cameron

As of Sept 15th there are 324 full members, and 22 rec members for a total of 346 members registered.

	Full					Full Total	Recreational	Recreational Total	Grand Total
Province	Athlete	Coach	Coach/Athlete	Judge	Volunteer		Athlete		
Alberta Total	31	3	4		3	41			41
BC Total	96	4	10	9	2	121	7	7	128
Nova Scotia Tot	8	3	1			12	10	10	22
Ontario Total	112	17	6	8	7	150	5	5	155
Grand Total	**247**	**27**	**21**	**17**	**12**	**324**	**22**	**22**	**346**

3 clubs have become club members.

The insurance company has been very quick. Coaching certificates have been going out to certified coaches.

11. **Financials**-Sam A.

The last two big cheques out of the old bank account have been cashed. Bonnie is still tying up the loose ends on her end. Once she is ready, she will send a cheque to Sam A for the remainder of the bank balance to be deposited into the new account.

12. RSC Challenge - Sam F.

The athlete council decided on 3 events for the RSC challenge: 30 second backwards speed, 30 second double dutch double unders, creative interaction.

Submissions are due October 25th.

Divisions: U11, 12-15, 16+. The age of the oldest person will determine the division.

Awards - We will look into mailing paper certificates to the winners

TASK: Cameron to create a communication about the RSC challenge and update the website

13. Policy Manual Proposal - Carly **TABLED**

14. Committee Updates

14.1. Athlete Council - Sam F.

The council went over the RSC Challenge, competition committee updates, and awards. The committee would like an award for an athlete that goes out of their way to do more than just be an athlete, i.e. an athlete that is volunteering and giving back to the sport.

Board discussion:
The sportsmanship award used to be pre-nominated individuals from PSO's and similar to the athlete councils suggestion. The sportsmanship award can be renamed and be a year-long recognition and have it include more than just sportsmanship. The True Sport awards cover what the current sportsmanship award was for.

14.2. Competition Committee - Carly

All the competition committee updates are in the old business email update. Carly is going to go over the email responses and tally the votes.

14.3. Coaching Committee - Shannon

No update

14.4. Technical Committee - Cameron

Jump Rope Judge will no longer receive any rule updates. Andrej and Svante have created a new app for judging that currently has the old rules but will have the new rules once the judge training is rolled out. If any events going forward are

using the old rules, they can continue to use Jump Rope Judge until at least May 2025.

The new app can be found at https://ropescore.app/

There will be an app that can be downloaded for both apple and android. They are still in the beginning stages of the app and there are many updates coming but for now the focus is on the new judge training and rule updates.

TASK: Cameron to ask Andrej if/when the clicker app will be available.

14.5. Awards Committee - Mary
No updates

14.6. National Tournament Committee - Sam F./Carly/ Sam A.
No updates

15. Coast to Coast

British Columbia - Cathy
All teams are up and running and into their gyms. 5 BC athletes are going to the Alberta Summit. Abbotsford Skipping Sensations are having a camp. There is a camp on the island coming up. The IJRU qualifier athletes are training and have been training over the summer.

Alberta - Julianna
The RSA Summit is on October 5th this year because of the qualifier. There is a high level of commitment across Alberta for attendance to the Summit. They are also hoping to do their in-person judge training while there. RSA has hired a former athlete who is doing promotional videos, reels, and comicerials to improve and expand exposure of the sport. This will be shared once it is completed.

Ontario - Sam F.
Most teams are starting up now. The ORSO workshop is on the first weekend of November. They have about 50 athletes looking to go to the IJRU qualifier.

Nova Scotia - Sam A.
Clubs are starting up with both competitive and recreational programs. There has already been one come try skipping event and more are planned in the coming weeks. At the end of September and early October, Jennifer Kirkland and Stephanie Weeks are coming for a week to work with teams across NS and help promote skipping in elementary schools. RSANS is combining the IJRU qualifier with their fall masters competition.

16. New business - None

17. Old Business

17.1. Email Motions

Competition committee items:

Gender Policy:
Rationale: Provide a Gender Policy for athletes in Canada that doesn't require athletes to receive hormone testing to compete in a gender category outside of the gender they were assigned at birth. Here is the updated language to include in the RSC Competition Manual:

"3.5 Gender Selection

RSC is cognizant that gender identity is self-selected.
In alignment with the evolving International Olympic Committee framework (2021), athletes are given the opportunity to self-identify their gender in accordance with their authentic identity and the category in which they are consistently and persistently using. RSC is committed to creating an inclusive and welcoming environment for all athletes, regardless of gender identity. RSC strives to ensure equitable opportunities for participation."

Motion: Approve the Gender Policy language for addition into the RSC Competition Manual as presented. **Carried**.

U11 overalls:
Remove the U11 team overall category from the National Tournament.

Rationale: The U11 teams don't compete the same events as the IJRU rules because a team needs to submit two SRPF and use the scores from both teams to calculate the overall score. This is done manually as the IJRU system won't handle this calculation.

Motion: Remove the U11 Team Overall category from Nationals (maintain all U11 events). **Carried**.

U11 Teams can't jump up into 12-13 events
A full team comprised of athletes in the U11 age category will not be allowed to jump up into events that are only offered in the 12-13+ age categories (e.g., Wheel, SRTF, DDSS)

Rationals**:** Reduce the number of athletes competing events at Nationals and provide fewer events for U11 athletes so they can spend more time focusing on fundamental movement and skill development and less time training for events.

Motion: Add language to the RSC Competition Manual that states U11 teams can't jump in Wheel, SRTF and DDSS events. **Defeated**.

Tie break for overalls

Rationale: In recent years we've had multiple ties in the overall category when there are only a few teams competing in the overall. The IJRU rule doesn't account for categories with only two teams and ties are possible. This makes it difficult to order the appropriate number of medals/ribbons. We also believe we should be able to break ties in the overall category to identify the national champion.

Motion: Add language to the RSC Competition Manual that the team with the higher score in SRTF will win the tie break. If they receive the same score in SRTF, the team with the higher difficulty score will win. If they have the same difficulty score, the team with the lower deduction score will win. **Carried**.

Tie break for Triple Unders
Rationale: There is no way to break a tie in triple unders as two athletes can get the same exact score.

Motion: For in person competitions, require athletes tied in the last qualifying spot to recompete the event to break the tie. The athletes must be given a minimum of 10 minutes between events before they can compete the rejump. **Carried**.

Motion: For virtual competitions, the Tournament Director and Technical Committee will look to past results and consistency for the tied athletes, to break the tie for a qualifying spot. A majority of members must agree and the tiebreak goes to the Tournament director. **Defeated**. A new proposal will be drafted to recompete the event virtually to break a tie.

17.2. Tasks From Previous Board Meetings

<u>Tasks from the July 14, 2024 Board Meeting</u>
TASK: Sam F to contact the athlete council about RSC challenge ideas and timeline. **-COMPLETE**
TASK: Carly to get the rule book updated to state RSC is following the IJRU rules for 30+ **IN PROGRESS**
TASK: Cameron to add a reminder for RSC awards on all communications next season. **- IN PROGRESS**
TASK: Cameron to convert the nomination form to a Google form so people don't need to print and scan. **- IN PROGRESS**

<u>Tasks from the August 11, 2024 Board Meeting</u>
TASK: Cameron to create a document with guidelines and expectations for Team Canada members to share in the next RSC communication. **- COMPLETE**
TASK: Carly will discuss with Alyssa Ciancio as an IJRU ethics member if the board can make a decision on the Team Canada Manager given that one applicant is on the BOD and one is not. Then she will call a special meeting of the BOD. **-IN PROGRESS**
TASK: Carly to reach out to Alyssa about looking at RSA's documents, see if Sport Law can just review the documents instead of creating new ones. If RSA has the majority of the required policies can we get a reduced quote for creating the remainder and reviewing the current ones. **- IN PROGRESS**

TASK - Carly to send competition committee motions to the board via email to vote on. **- COMPLETE**

18. **Next Meeting: October 20th, 2024 at 8:00pm ADT**

19. **Adjournment at**
    Moved by:

<u>Tasks from this meeting:</u>

TASK: Cameron to create a communication about the RSC challenge and update the website.

TASK: Cameron to ask Andrej if/when the clicker app will be available.