



Rope Skipping Canada

Saut à la Corde Canada

RSC World Championship Qualification Policy

Changes Effective September 1, 2019 and in effective for the 2020 IJRU World Championships

The changes outlined in this document are effective for the 2019-2020 Rope Skipping Canada membership year (September 1, 2019 – August 31, 2020). Rope Skipping Canada will release further changes effective September 1, 2020 following the initial International Jump Rope Union transition phase.

Important Note: Qualification structure for the 2020 IJRU World Championships, 2020 IJRU Junior World Championships and the 2020 IJRU International Open are subject to change if IJRU changes the number of allocated spaces per National Governing Body (NGB).

1.0 THE COMPETITION

Rope Skipping Canada (RSC) will adopt the International Jump Rope Union (IJRU) rulebook including the IJRU competition manual and the IJRU judging manual for use at all National events. Provincial Sporting Organizations (PSOs) will be required to follow the same rulebook as RSC for all National qualifying events (ex. Provincial Championship events).

RSC will follow the IJRU Rulebook for all events with the exceptions as outlined in the RSC rulebook and as described in the World Championship Qualification Policy.

2.0 AGE DIVISIONS

For the 2019-2020 season, ages are determined based on the athlete's age as of December 31, 2020. The competitors will be entered at their age as of this date.

The age divisions to compete for all events shall be:

U11years

12 – 14 years

15 – 17 years

18+ years

30+ years

Those athletes 30+ years, wanting to qualify for the 2020 IJRU World Championships will be required to registered in the 18+ year age category at the 2020 RSC National Championships.

3.0 EVENTS

RSC will qualify athletes in all events as outlined in the IJRU Rulebook. Additional events to be offered by RSC at the National Championships include:

3.1 Events in the Individual Competition

U11 years

a. Single Rope Speed Sprint SRSS 1x30seconds 1 athlete



b. Single Rope Speed Endurance	SRSE	1x120seconds	1 athlete
c. Non-Consecutive Double Unders	SRDU	1x60seconds	1 athlete
d. Single Rope Individual Freestyle	SRIF	0-60seconds	1 athlete

12 – 14 years

a. Single Rope Speed Sprint	SRSS	1x30seconds	1 athlete
b. Single Rope Speed Endurance	SRSE	1x180seconds	1 athlete
c. Consecutive Double Unders	SRDU	1x120seconds	1 athlete
d. Single Rope Individual Freestyle	SRIF	0-75seconds	1 athlete

15 – 17 years

a. Single Rope Speed Sprint	SRSS	1x30seconds	1 athlete
b. Single Rope Speed Endurance	SRSE	1x180seconds	1 athlete
c. Consecutive Triple Unders	SRTU	No time limit	1 athlete
d. Single Rope Individual Freestyle	SRIF	0-75seconds	1 athlete

18+ years

a. Single Rope Speed Sprint	SRSS	1x30seconds	1 athlete
b. Single Rope Speed Endurance	SRSE	1x180seconds	1 athlete
c. Consecutive Triple Unders	SRTU	No time limit	1 athlete
d. Single Rope Individual Freestyle	SRIF	0-75seconds	1 athlete

30+ years

a. Single Rope Speed Sprint	SRSS	1x30seconds	1 athlete
b. Single Rope Speed Endurance	SRSE	1x180seconds	1 athlete
c. Consecutive Double Unders	SRDU	1x120seconds	1 athlete
d. Single Rope Individual Freestyle	SRIF	0-75seconds	1 athlete

3.2 Events in the Individual Single Rope Overall Competition (ISRO)

Out of the events detailed in Section 3.1, the following are selected for the Individual Overall Competition.

U11 years

a. Single Rope Speed Sprint	SRSS
b. Single Rope Speed Endurance	SRSE
c. Non-Consecutive Double Unders	SRDU
d. Single Rope Individual Freestyle	SRIF

12 – 14 years

a. Single Rope Speed Sprint	SRSS
b. Single Rope Speed Endurance	SRSE
c. Single Rope Individual Freestyle	SRIF

15 – 17 years

- a. Single Rope Speed Sprint SRSS
- b. Single Rope Speed Endurance SRSE
- c. Single Rope Individual Freestyle SRIF

18+ years

- a. Single Rope Speed Sprint SRSS
- b. Single Rope Speed Endurance SRSE
- c. Single Rope Individual Freestyle SRIF

30+ years

- a. Single Rope Speed Sprint SRSS
- b. Single Rope Speed Endurance SRSE
- c. Single Rope Individual Freestyle SRIF

The same athlete must compete in all events outlined to qualify for the individual Overall Competition.

3.3 Gender Categories in the Team Competition

For team events the gender categories are defined as follows

- Female gender.....all female
- Male genderall male
- Mixed genderat least one male and one female
- Any genderany combination

All single-participant events have a female gender category and a male gender category.

Except as noted below, all team events have a female, male and mixed gender category. In the mixed category, at least one female and one male athlete must compete in each event the team competes in. Failing to fulfil this criterion will disqualify the team from the gender category and if applicable, the All-Around Competition and/or affected Overall Competitions.

The Show Competition and Double Dutch Triad events have an “any gender” category, with no requirement on the gender of the athletes. A team may consist of athletes of one gender only or of athletes of different genders.

3.4 Events in the Team Competition

U11 years

- | | | | |
|------------------------------------|------|-------------|------------|
| a. Single Rope Speed Relay | SRSR | 4x30seconds | 4 athletes |
| b. Single Rope Double Unders Relay | SRDR | 4x30seconds | 4 athletes |
| c. Double Dutch Speed Relay | DDSR | 4x30seconds | 1 athlete |
| d. Double Dutch Single Freestyle | DDSF | 0-60seconds | 4 athletes |

12 – 14 years

a. Single Rope Speed Relay	SRSR	4×30 seconds	4 athletes
b. Single Rope Pairs Double Unders	SRPD	2×30 seconds	2 athletes
c. Double Dutch Speed Relay	DDSR	4×30 seconds	4 athletes
d. Double Dutch Speed Sprint	DDSS	1×60 seconds	3 athletes
e. Single Rope Pair Freestyle	SRPF	0-75 seconds	2 athletes
f. Single Rope Team Freestyle	SRTF	0-75 seconds	4 athletes
g. Double Dutch Single Freestyle	DDSF	0-75 seconds	3 athletes
h. Double Dutch Pairs Freestyle	DDPF	0-75 seconds	4 athletes
i. Double Dutch Triad Freestyle	DDTF	0-90 seconds	5 athletes
j. Wheel Pair Freestyle	WHPF	0-75 seconds	2 athletes

15 – 17 years/18+ years/ 30+ years

a. Single Rope Speed Relay	SRSR	4×30 seconds	4 athletes
b. Single Rope Pairs Double Unders	SRPD	2×30 seconds	2 athletes
c. Double Dutch Speed Relay	DDSR	4×30 seconds	4 athletes
d. Double Dutch Speed Sprint	DDSS	1×60 seconds	3 athletes
e. Single Rope Pair Freestyle	SRPF	0-75 seconds	2 athletes
f. Single Rope Team Freestyle	SRTF	0-75 seconds	4 athletes
g. Double Dutch Single Freestyle	DDSF	0-75 seconds	3 athletes
h. Double Dutch Pairs Freestyle	DDPF	0-75 seconds	4 athletes
i. Double Dutch Triad Freestyle	DDTF	0-90 seconds	5 athletes
j. Wheel Pair Freestyle	WHPF	0-75 seconds	2 athletes

3.5 Events in the Team Single Rope Overall Competition (TSRO)

Out of the events detailed in section 3.4, the following are selected for the Single Rope Overall Competition.

U11 years

a. Single Rope Speed Relay	SRSR
b. Single Rope Double Unders Relay	SRDR

12 – 14 years

a. Single Rope Speed Relay	SRSR
b. Single Rope Double Pairs Double Unders	SRPD
c. Single Rope Pair Freestyle	SRPF
d. Single Rope Team Freestyle	SRTF

15 – 17 years/18+ years/ 30+ years

a. Single Rope Speed Relay	SRSR
b. Single Rope Double Pairs Double Unders	SRPD
c. Single Rope Pair Freestyle	SRPF
d. Single Rope Team Freestyle	SRTF

Athletes from the same team must compete in all events listed above to be qualified for the Single Rope Overall Competition.

3.6 Events in the Team Double Dutch Overall Competition (TDDO)

Out of the events detailed in section 3.4, the following are selected for the Double Dutch Overall Competition.

U11 years

- | | |
|----------------------------------|------|
| a. Double Dutch Speed Relay | DDSR |
| b. Double Dutch Single Freestyle | DDSF |

12 – 14 years

- | | |
|----------------------------------|------|
| a. Double Dutch Speed Relay | DDSR |
| b. Double Dutch Speed Sprint | DDSS |
| c. Double Dutch Single Freestyle | DDSF |
| d. Double Dutch Pair Freestyle | DDPF |

15 - 17 years/18+ years/30+ years

- | | |
|----------------------------------|------|
| a. Double Dutch Speed Relay | DDSR |
| b. Double Dutch Speed Sprint | DDSS |
| c. Double Dutch Single Freestyle | DDSF |
| d. Double Dutch Pair Freestyle | DDPF |

Each team competitor must compete in at least one of these events.

3.7 The Team All-Around Competition (TAAC)

U11 years

- | | |
|------------------------------------|------|
| e. Single Rope Speed Relay | SRSR |
| a. Single Rope Double Unders Relay | SRDR |
| b. Double Dutch Speed Relay | DDSR |
| c. Double Dutch Single Freestyle | DDSF |

12 – 14 years

- | | |
|---|------|
| a. Double Dutch Speed Relay | DDSR |
| b. Double Dutch Speed Sprint | DDSS |
| c. Double Dutch Single Freestyle | DDSF |
| d. Double Dutch Pair Freestyle | DDPF |
| e. Single Rope Speed Relay | SRSR |
| f. Single Rope Double Pairs Double Unders | SRPD |
| g. Single Rope Pair Freestyle | SRPF |
| h. Single Rope Team Freestyle | SRTF |

15 – 17 years/18+ years/30+ years

- | | |
|---|------|
| a. Double Dutch Speed Relay | DDSR |
| b. Double Dutch Speed Sprint | DDSS |
| c. Double Dutch Single Freestyle | DDSF |
| d. Double Dutch Pair Freestyle | DDPF |
| e. Single Rope Speed Relay | SRSR |
| f. Single Rope Double Pairs Double Unders | SRPD |
| g. Single Rope Pair Freestyle | SRPF |
| h. Single Rope Team Freestyle | SRTF |

Each team competitor must compete in at least one of the 8 all-around events.

3.8 Additional Events Offered

Show Freestyle

- | | | | |
|-------------------|------|---------------|---------------|
| a. Show Freestyle | SCTF | 0-360 seconds | 8-20 athletes |
|-------------------|------|---------------|---------------|

Precision Group Freestyle

- | | | | |
|--------------------|------|-----------------|---------------|
| a. U12 years | PGTF | 120-240 seconds | 8-18 athletes |
| b. Open (all ages) | PGTF | 120-240 seconds | 8-18 athletes |

4.0 NATIONALS QUALIFICATION

Each Provincial Sporting Organization (PSO) will be allotted 8 qualification spots for each event as outlined in section 3.0 of this document for the 2020 RSC National Championships. Athletes who attend the RSC National Championships must qualify through the Provincial Championships.

PSO's will be required to qualify athletes in the following format:

4.1 Individual Competition

U11 years

- Top 5 placing overall athletes in each gender category and the next 3 highest placing athletes in each event

12 – 14 years

- Top 5 placing overall athletes in each gender category and the next 3 highest placing athletes in each event

15 – 17 years/18+ years/30+ years

- Top 3 placing overall athletes in each gender category and the next 5 highest placing athletes in each event

4.2 Additional Individual Events

12 – 14 years Double Unders

- Top 3 highest placing athletes in each gender category

15 – 17 years/18+ years Triple Unders

- Top 3 highest placing athletes in each gender category

30+ years Double Unders

- Top 3 highest placing athletes in each gender category

4.3 Team Competition

U11 years

- Top 5 placing All Around teams in each gender category and the next 3 highest placing teams in each event

12 – 14 years

- Top 5 placing All Around teams in each gender category and the next 3 highest placing teams in each event

15 – 17 years/18+ years/30+ years

- Top 3 placing All Around teams in each gender category and the next 5 highest placing teams in each event

4.4 Additional Team Events

Wheel Pair Freestyle

- Top 3 highest placing teams in each gender category for the 12 – 14 year, 15 – 17 years, 18+ years and 30+ years age categories

Double Dutch Triad Freestyle

- Top 3 highest placing teams in each gender category for the 15 – 17 years, 18+ years and 30+ years age categories

Team Show

- Top 3 highest placing teams

Precision Group

- U12 Category: Top 3 highest placing teams
- Open Category: Top 3 highest placing teams

5.0 WORLDS QUALIFICATION

For the 2020 IJRU World Championships, RSC has been allotted 3 qualification spaces for each event. For the 2020 International Open Competition, RSC has been allotted 3 qualification spaces for each event. Both competitions apply to those athletes 15 years and

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above. At the 2020 RSC National Championships scores for each event, including the individual overall competition and the Team All-Around competition will be combined for all athletes in the 15 – 17 year category and the 18+ year category to determine the athletes who will represent RSC at the 2020 IJRU World Championships and the 2020 IJRU International Open.

For the 2020 IJRU Junior World Championships, RSC has been allotted 3 qualification spaces for each event, applying to athletes in the 12 – 14 age category.

5.1 Individual Competition

2020 IJRU World Championships

- 1st place overall athlete in each gender category and the next 2 highest placing athletes in each event will qualify for this competition

2020 IJRU International Open

- Following the World Championship selection, the next 3 highest placing individuals in event in each gender category will qualify for this competition

2020 Junior World Championships

- Top 3 overall athletes in each gender category will qualify for this competition

5.2 Team Competition

2020 IJRU World Championships

- 1st place All Around team in each gender category and the next 2 highest placing teams in each event will qualify for this competition

2020 IJRU International Open

- Following the World Championship selection, the next 3 highest placing teams in event in each gender category will qualify for this competition

2020 IJRU Junior World Championships

- Top 2 All Around teams in each gender category and the next highest placing team in each event will qualify for this competition

5.3 Additional Events to be Qualified

Single Rope Triple Unders

- a. Top 3 highest placing athletes in each gender category will qualify for the 2020 IJRU World Championships with the next 3 highest placing athletes qualifying for the 2020 IJRU International Open

Wheel Pairs Freestyle



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- a. Top 3 highest placing teams in each gender category will qualify for the 2020 IJRU World Championships with the next 3 highest placing teams qualifying for the 2020 IJRU International Open
- b. Top 3 highest placing teams in each gender category will qualify for the 2020 IJRU Junior World Championships

Double Dutch Triad

- a. Top 3 highest placing teams in each gender category will qualify for the 2020 IJRU World Championships with the next 3 highest placing teams qualifying for the 2020 IJRU International Open

Team Show

- a. Top 3 highest placing teams in each gender category will qualify for the 2020 IJRU World Championships with the next 3 highest placing teams qualifying for the 2020 IJRU International Open