



**Rope Skipping Canada**

**Saut à la Corde Canada**

**RSC World Championship Qualification Policy**

*Changes Effective September 1, 2019 and in effective for the 2020 IJRU World Championships*

The changes outlined in this document are effective for the 2019-2020 Rope Skipping Canada membership year (September 1, 2019 – August 31, 2020). Rope Skipping Canada will release further changes effective September 1, 2020 following the initial International Jump Rope Union transition phase.

*Important Note:* Qualification structure for the 2020 IJRU World Championships, 2020 IJRU Junior World Championships and the 2020 IJRU International Open are subject to change if IJRU changes the number of allocated spaces per National Governing Body (NGB).

**1.0 THE COMPETITION**

Rope Skipping Canada (RSC) will adopt the International Jump Rope Union (IJRU) rulebook including the IJRU competition manual and the IJRU judging manual for use at all National events. Provincial Sporting Organizations (PSOs) will be required to follow the same rulebook as RSC for all National qualifying events (ex. Provincial Championship events).

RSC will follow the IJRU Rulebook for all events with the exceptions as outlined in the RSC rulebook and as described in the World Championship Qualification Policy.

**2.0 AGE DIVISIONS**

Ages are determined based on the athlete's age as of August 31 in the year of the competition. The competitors will be entered at their age as of this date.

For the 2020 season, athletes turning 12 between September 1 and December 31, 2020 are eligible to compete in the Junior World Championship. All athletes that are 11 years of age turning 12 years between January 1, 2020 and December 31, 2020 must register in the 12 – 14 years age category.

The age divisions to compete for all events shall be:

U11years

12 – 14 years

15 – 17 years

18+ years

30+ years

Those athletes 30+ years, wanting to qualify for the 2020 IJRU World Championships will be required to registered in the 18+ year age category at the 2020 RSC National Championships.

**3.0 EVENTS**

RSC will qualify athletes in all events as outlined in the IJR Competition Manual. Additional events to be offered by RSC at the National Championships include:

### **3.1 Events in the Individual Competition**

#### U11 years

a. Single Rope Speed Sprint	SRSS	1x30seconds	1 athlete
b. Single Rope Speed Endurance	SRSE	1x120seconds	1 athlete
c. Non-Consecutive Double Unders	SRDU	1x60seconds	1 athlete
d. Single Rope Individual Freestyle	SRIF	0-60seconds	1 athlete

#### 12 – 14 years

a. Single Rope Speed Sprint	SRSS	1x30seconds	1 athlete
b. Single Rope Speed Endurance	SRSE	1x180seconds	1 athlete
c. Consecutive Double Unders	SRDU	1x120seconds	1 athlete
d. Single Rope Individual Freestyle	SRIF	0-75seconds	1 athlete

#### 15 – 17 years

a. Single Rope Speed Sprint	SRSS	1x30seconds	1 athlete
b. Single Rope Speed Endurance	SRSE	1x180seconds	1 athlete
c. Consecutive Triple Unders	SRTU	No time limit	1 athlete
d. Single Rope Individual Freestyle	SRIF	0-75seconds	1 athlete

#### 18+ years

a. Single Rope Speed Sprint	SRSS	1x30seconds	1 athlete
b. Single Rope Speed Endurance	SRSE	1x180seconds	1 athlete
c. Consecutive Triple Unders	SRTU	No time limit	1 athlete
d. Single Rope Individual Freestyle	SRIF	0-75seconds	1 athlete

#### 30+ years

a. Single Rope Speed Sprint	SRSS	1x30seconds	1 athlete
b. Single Rope Speed Endurance	SRSE	1x180seconds	1 athlete
c. Consecutive Double Unders	SRDU	1x120seconds	1 athlete
d. Single Rope Individual Freestyle	SRIF	0-75seconds	1 athlete

### **3.2 Events in the Individual Single Rope Overall Competition (ISRO)**

Out of the events detailed in Section 3.1, the following are selected for the Individual Overall Competition.

#### U11 years

a. Single Rope Speed Sprint	SRSS
b. Single Rope Speed Endurance	SRSE
c. Non-Consecutive Double Unders	SRDU
d. Single Rope Individual Freestyle	SRIF

12 – 14 years

- |                                     |      |
|-------------------------------------|------|
| a. Single Rope Speed Sprint         | SRSS |
| b. Single Rope Speed Endurance      | SRSE |
| c. Single Rope Individual Freestyle | SRIF |

15 – 17 years

- |                                     |      |
|-------------------------------------|------|
| a. Single Rope Speed Sprint         | SRSS |
| b. Single Rope Speed Endurance      | SRSE |
| c. Single Rope Individual Freestyle | SRIF |

18+ years

- |                                     |      |
|-------------------------------------|------|
| a. Single Rope Speed Sprint         | SRSS |
| b. Single Rope Speed Endurance      | SRSE |
| c. Single Rope Individual Freestyle | SRIF |

30+ years

- |                                     |      |
|-------------------------------------|------|
| a. Single Rope Speed Sprint         | SRSS |
| b. Single Rope Speed Endurance      | SRSE |
| c. Single Rope Individual Freestyle | SRIF |

The same athlete must compete in all events outlined to qualify for the individual Overall Competition.

**3.3 Gender Categories in the Team Competition**

For team events the gender categories are defined as follows

- Female gender.....all female  
 Male gender .....all male  
 Mixed gender .....at least one male and one female  
 Any gender .....any combination

All single-participant events have a female gender category and a male gender category.

Except as noted below, all team events have a female, male and mixed gender category. In the mixed category, at least one female and one male athlete must compete in each event the team competes in.

In the U11 years age category, for teams competing in the mixed gender category both genders must be present in at least 3 of the events in the Team All Around Competition.

Failing to fulfil this criterion will disqualify the team from the gender category and if applicable, the All-Around Competition and/or affected Overall Competitions.

The Show Competition and Double Dutch Triad events have an “any gender” category, with no requirement on the gender of the athletes. A team may consist of athletes of one gender only or of athletes of different genders.

### 3.4 Events in the Team Competition

#### U11 years

a. Single Rope Speed Relay	SRSR	4x30seconds	4 athletes
b. Single Rope Double Unders Relay	SRDR	4x30seconds	4 athletes
c. Single Rope Pair Freestyle	SRPF	0-75 seconds	2 athletes
<ul style="list-style-type: none"> <li>• For the U11 age category, each team have two (2) pairs teams compete and both scores will be included</li> </ul>			
d. Double Dutch Speed Relay	DDSR	4x30seconds	1 athlete
e. Double Dutch Freestyle Relay	DDSF	0-75seconds	4 athletes

#### 12 – 14 years

a. Single Rope Speed Relay	SRSR	4x30 seconds	4 athletes
b. Single Rope Pairs Double Unders	SRPD	2x30 seconds	2 athletes
c. Double Dutch Speed Relay	DDSR	4x30 seconds	4 athletes
d. Double Dutch Speed Sprint	DDSS	1x60 seconds	3 athletes
e. Single Rope Pair Freestyle	SRPF	0-75 seconds	2 athletes
f. Single Rope Team Freestyle	SRTF	0-75 seconds	4 athletes
g. Double Dutch Single Freestyle	DDSF	0-75 seconds	3 athletes
h. Double Dutch Pairs Freestyle	DDPF	0-75 seconds	4 athletes
i. Double Dutch Triad Freestyle	DDTF	0-90 seconds	5 athletes
j. Wheel Pair Freestyle	WHPF	0-75 seconds	2 athletes

#### 15 – 17 years/18+ years/ 30+ years

a. Single Rope Speed Relay	SRSR	4x30 seconds	4 athletes
b. Single Rope Pairs Double Unders	SRPD	2x30 seconds	2 athletes
c. Double Dutch Speed Relay	DDSR	4x30 seconds	4 athletes
d. Double Dutch Speed Sprint	DDSS	1x60 seconds	3 athletes
e. Single Rope Pair Freestyle	SRPF	0-75 seconds	2 athletes
f. Single Rope Team Freestyle	SRTF	0-75 seconds	4 athletes
g. Double Dutch Single Freestyle	DDSF	0-75 seconds	3 athletes
h. Double Dutch Pairs Freestyle	DDPF	0-75 seconds	4 athletes
i. Double Dutch Triad Freestyle	DDTF	0-90 seconds	5 athletes
j. Wheel Pair Freestyle	WHPF	0-75 seconds	2 athletes

### 3.5 Events in the Team Single Rope Overall Competition (TSRO)

Out of the events detailed in section 3.4, the following are selected for the Single Rope Overall Competition.

#### U11 years

a. Single Rope Speed Relay	SRSR
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- b. Single Rope Double Unders Relay           SRDR
- c. Single Rope Pair Freestyle               SRPF
  - For the U11 age category, each team have two (2) pairs teams compete and both scores will be included in the TSRO competition

12 – 14 years

- a. Single Rope Speed Relay                 SRSR
- b. Single Rope Double Pairs Double Unders SRPD
- c. Single Rope Pair Freestyle             SRPF
- d. Single Rope Team Freestyle           SRTF

15 – 17 years/18+ years/ 30+ years

- a. Single Rope Speed Relay                 SRSR
- b. Single Rope Double Pairs Double Unders SRPD
- c. Single Rope Pair Freestyle             SRPF
- d. Single Rope Team Freestyle           SRTF

Athletes from the same team must compete in all events listed above to be qualified for the Single Rope Overall Competition.

**3.6 Events in the Team Double Dutch Overall Competition (TDDO)**

Out of the events detailed in section 3.4, the following are selected for the Double Dutch Overall Competition.

U11 years

- a. Double Dutch Speed Relay               DDSR
- b. Double Dutch Freestyle Relay         DDSF

12 – 14 years

- a. Double Dutch Speed Relay               DDSR
- b. Double Dutch Speed Sprint             DDSS
- c. Double Dutch Single Freestyle        DDSF
- d. Double Dutch Pair Freestyle          DDPF

15 - 17 years/18+ years/30+ years

- a. Double Dutch Speed Relay               DDSR
- b. Double Dutch Speed Sprint             DDSS
- c. Double Dutch Single Freestyle        DDSF
- d. Double Dutch Pair Freestyle          DDPF

Each team competitor must compete in at least one of these events.

**3.7 The Team All-Around Competition (TAAC)**

U11 years

- |   |      |
|---|------|
| a. Single Rope Speed Relay  | SRSR |
| b. Single Rope Double Unders Relay  | SRDR |
| c. Single Rope Pair Freestyle   | SRPF |
| <ul style="list-style-type: none"> <li>• For the U11 age category, each team have two (2) pairs teams compete and both scores will be included in the TAAC competition</li> </ul> |      |
| d. Double Dutch Speed Relay   | DDSR |
| e. Double Dutch Freestyle Relay   | DDSF |

12 – 14 years

- |   |      |
|---|------|
| a. Double Dutch Speed Relay               | DDSR |
| b. Double Dutch Speed Sprint              | DDSS |
| c. Double Dutch Single Freestyle          | DDSF |
| d. Double Dutch Pair Freestyle            | DDPF |
| e. Single Rope Speed Relay                | SRSR |
| f. Single Rope Double Pairs Double Unders | SRPD |
| g. Single Rope Pair Freestyle             | SRPF |
| h. Single Rope Team Freestyle             | SRTF |

15 – 17 years/18+ years/30+ years

- |   |      |
|---|------|
| a. Double Dutch Speed Relay               | DDSR |
| b. Double Dutch Speed Sprint              | DDSS |
| c. Double Dutch Single Freestyle          | DDSF |
| d. Double Dutch Pair Freestyle            | DDPF |
| e. Single Rope Speed Relay                | SRSR |
| f. Single Rope Double Pairs Double Unders | SRPD |
| g. Single Rope Pair Freestyle             | SRPF |
| h. Single Rope Team Freestyle             | SRTF |

Each team competitor must compete in at least one of the 8 all-around events.

**3.8 Additional Events Offered**

Show Freestyle

- |                   |      |               |               |
|-------------------|------|---------------|---------------|
| a. Show Freestyle | SCTF | 0-360 seconds | 8-20 athletes |
|-------------------|------|---------------|---------------|

Precision Group Freestyle

- |                    |      |                 |               |
|--------------------|------|-----------------|---------------|
| a. U12 years       | PGTF | 120-240 seconds | 8-18 athletes |
| b. Open (all ages) | PGTF | 120-240 seconds | 8-18 athletes |

**4.0 NATIONALS QUALIFICATION**

Each Provincial Sporting Organization (PSO) will be allotted 8 qualification spots for each event as outlined in section 3.0 of this document for the 2020 RSC National Championships.

Athletes who attend the RSC National Championships must qualify through the Provincial Championships.

PSO's will be required to qualify athletes in the following format:

#### **4.1 Individual Competition**

##### U11 years

- Top 5 placing overall athletes in each gender category and the next 3 highest placing athletes in each event

##### 12 – 14 years

- Top 5 placing overall athletes in each gender category and the next 3 highest placing athletes in each event

##### 15 – 17 years/18+ years/30+ years

- Top 3 placing overall athletes in each gender category and the next 5 highest placing athletes in each event

#### **4.2 Additional Individual Events**

##### 12 – 14 years Double Unders

- Top 3 highest placing athletes in each gender category

##### 15 – 17 years/18+ years Triple Unders

- Top 3 highest placing athletes in each gender category

##### 30+ years Double Unders

- Top 3 highest placing athletes in each gender category

#### **4.3 Team Competition**

##### U11 years

- Top 5 placing All Around teams in each gender category and the next 3 highest placing teams in each event

##### 12 – 14 years

- Top 5 placing All Around teams in each gender category and the next 3 highest placing teams in each event

##### 15 – 17 years/18+ years/30+ years

- Top 3 placing All Around teams in each gender category and the next 5 highest placing teams in each event

#### **4.4 Additional Team Events**

##### Wheel Pair Freestyle

- Top 3 highest placing teams in each gender category for the 12 – 14 year, 15 – 17 years, 18+ years and 30+ years age categories

##### Double Dutch Triad Freestyle

- Top 3 highest placing teams in each gender category for the 15 – 17 years, 18+ years and 30+ years age categories

##### Team Show

- Top 3 highest placing teams

##### Precision Group

- U12 Category: Top 3 highest placing teams
- Open Category: Top 3 highest placing teams

#### **5.0 WORLDS QUALIFICATION**

For the 2020 IJRU World Championships, RSC has been allotted 3 qualification spaces for each event. For the 2020 International Open Tournament (IOT), RSC has been allotted 3 qualification spaces for each event. Both competitions apply to those athletes 15 years and above. At the 2020 RSC National Championships scores for each event, including the individual overall competition and the Team All-Around competition will be combined for all athletes in the 15 – 17 year category and the 18+ year category to determine the athletes who will represent RSC at the 2020 IJRU World Championships and the 2020 IJRU International Open. For the IOT, IJRU will be allowing athletes in the 12- 14 years age category to participate.

For the 2020 IJRU Junior World Championships, RSC has been allotted 3 qualification spaces for each event, applying to athletes in the 12 – 14 age category.

**NOTE: The qualification structure outlined below will be used for all current qualification spots for the IJRU World Championships, Junior World Championships and IOT. Any additional spots allocated to RSC by IJRU will be awarded to the next highest placing all around/overall athletes in each category.**

#### **5.1 Individual Competition**

##### 2020 IJRU World Championships

- 1<sup>st</sup> place overall athlete in each gender category and the next 2 highest placing athletes in each event will qualify for this competition

##### 2020 IJRU International Open Tournament 15+ years



- Following the World Championship selection, the next 3 highest placing individuals in event in each gender category will qualify for this competition
- **Note:** The IOT events differ than those offered at the World Championships and as such, only the next highest placing individuals in the selected events will be selected to attend.

#### 2020 Junior World Championships

- Top 3 overall athletes in each gender category will qualify for this competition

#### 2020 IJRU International Open Tournament 12 – 14 years

- Following the Junior World Championship selection, the next 3 highest overall athletes in event in each gender category will qualify for this competition
- **Note:** The IOT events differ than those offered at the World Championships and as such, only the next highest placing individuals in the selected events will be selected to attend.

### **5.2 Team Competition**

#### 2020 IJRU World Championships

- 1<sup>st</sup> place All Around team in each gender category and the next 2 highest placing teams in each event will qualify for this competition

#### 2020 IJRU International Open Tournament 15+ years

- Following the World Championship selection, the next 3 highest placing teams in event in each gender category will qualify for this competition
- **Note:** The IOT events differ than those offered at the World Championships and as such, only the next highest placing teams in the selected events will be selected to attend.

#### 2020 IJRU Junior World Championships

- Top 2 All Around teams in each gender category and the next highest placing team in each event will qualify for this competition

#### 2020 IJRU International Open Tournament 12 – 14 years

- Following the Junior World Championship selection, the next 3 highest placing teams in event in each gender category will qualify for this competition
- **Note:** The IOT events differ than those offered at the World Championships and as such, only the next highest placing individuals in the selected events will be selected to attend.

### **5.3 Additional Events to be Qualified**

#### Single Rope Triple Unders

- a. Top 3 highest placing athletes in each gender category will qualify for the 2020 IJRU World Championships with the next 3 highest placing athletes qualifying for the 2020 IJRU International Open
- b. Any additional spots awarded to RSC will go to the next 3 highest placing athletes in each gender category

#### Wheel Pairs Freestyle

- a. 15+ years: Top 3 highest placing teams in each gender category will qualify for the 2020 IJRU World Championships with the next 3 highest placing teams qualifying for the 2020 IJRU International Open.
  - o Any additional spots awarded to RSC will go to the next 3 highest placing athletes in each gender category
- b. 12 – 14 years: Top 3 highest placing teams in each gender category will qualify for the 2020 IJRU Junior World Championships with the next 3 highest placing teams qualifying for the 2020 IJRU International Open Tournament.
  - o Any additional spots awarded to RSC will go to the next 3 highest placing athletes in each gender category

#### Double Dutch Triad

- a. 15+ years: Top 3 highest placing teams in each gender category will qualify for the 2020 IJRU World Championships with the next 3 highest placing teams qualifying for the 2020 IJRU International Open Tournament
  - o Any additional spots awarded to RSC will go to the next 3 highest placing athletes in each gender and age category
- b. 12 – 14 years: Top 3 highest placing teams in each gender category will qualify for the 2020 IJRU Junior World Championships with the next 3 highest placing teams qualifying for the 2020 IJRU International Open Tournament.
  - o Any additional spots awarded to RSC will go to the next 3 highest placing athletes in each gender category

#### Team Show

- a. Top 3 highest placing teams in each gender category will qualify for the 2020 IJRU World Championships with the next 3 highest placing teams qualifying for the 2020 IJRU International Open Tournament
  - o Any additional spots awarded to RSC will go to the next 3 highest placing athletes in each gender category