



Rope Skipping Canada

Saut à la Corde Canada

Revised March 2026

RSC IJRU Qualification Policy

Executive Summary

The following policy details a synchronous virtual qualification process to qualify Canadian athletes to the IJRU World Championships and International Open Tournament. A synchronous virtual qualification will allow our current jump rope season to continue as normal, and also allow the best athletes to represent Canada internationally. Each PSO will hold 1 RSC sanctioned qualifier tournament where athletes will record their events to be judged by an RSC judging panel. Speed will be judged live during the event and freestyle will be judged virtually. These submissions will then be ranked and the top athletes will qualify to attend the various IJRU competitions.

Qualification Policy

This policy discusses the development and institution of a remote qualifier that will be held concurrently on the weekend of **November 21 and 22, 2026** by PSOs.

Note: If a PSO is unable to host their sanctioned tournament on the weekend determined by RSC, the PSO must reach out to RSC to see if alternate arrangements can be made.

General

Each PSO will hold one RSC sanctioned qualification tournament. When an athlete competes at an RSC Sanctioned Qualifier Event, they will pay RSC an entry fee to submit their video, have it remotely scored by a certified panel of judges, and ranked remotely. This option will be available for all IJRU speed and freestyle events.

Judging policy

RSC will select judges to sit on various panels to judge the both live events (speed only) and video submissions. These judges will be required to be IJRU Level 2 Certified judges.

All speed and power events will be judged live during the event. Each speed and power event will also need to be recorded using the IJRU Video Recording specifications. If 2 of the 3 live speed judges do not come to the same result, the event will be recounted by a set video replay judges during the qualifier to determine the final score.

All freestyle events will be judged virtually by a centralized panel. No official live judging can be done for freestyle events during the qualifier. However, PSOs can use this as an opportunity to practice judging without calculating official scores.

The centralized panel of judges will be provided a stipend payment at the discretion of RSC, based on the expected time commitment to complete their judging duties. RSC will set a deadline for performing these duties and submitting the certified score.

Technological Requirements

To achieve standardization, all entries must be recorded at Qualifying Events on the RSC approved standardized equipment provided by each PSO at the tournament.

If standardized equipment is not available in your province, please refer to the [IJRU Video Recording Specifications](#) for requirements and recommendations regarding video quality. Please note that IJRU requires a QR code for their virtual tournaments; this will not be required for the RSC National Remote Qualification Process.

RSC will allow multiple recording devices to avoid possible technical difficulties. It is the responsibility of the club/coaches to monitor the devices.

National Qualification Policy

General Information

The National Qualification Process will produce Event Rankings. The Event Rankings evaluate athletes competing in a single event against other Canadian athletes in that specific event. The top athletes or teams in each event will be invited to participate on Team Canada at International Tournaments until the next cycle of world qualifications. This qualification method is subject to the IJRU spot allocation and review by the RSC Competition Committee.

The National Ranking will be published once prior to the IJRU World Championship deadline.

Each entry to be evaluated for publication in the National Ranking will be subject to a fee. The fee will be split into two parts:

- a. RSC Fee: this portion of the fee will go towards financing the judges honorarium and the IJRU technology costs.
- b. Tournament Fee: this portion of the fee will go towards financing the running of the tournament, undertaken by the PSO.

For information on the events, gender and age categories, please refer to the IJRU [Rule Book: Competition Manual](#).

Athletes can be ranked in all the different events in their respective gender category, however one athlete cannot be ranked twice in the same event.

Single Rope Speed Relay and Single Rope Double Under Selections

The Single Rope Speed Relay (SRSR) and Single Rope Double Under Relay (SRDR) teams will be determined by the Team Canada Coaching Staff.

Athletes who wish to be considered for these relay events, will compete, during the qualifier tournament, in:

- 30 second Speed
- 30 second Double Under

These scores will be used by the Team Canada Coaching Staff to determine team composition for SRSR and SRDR in all age and gender categories. Team Canada Staff will evaluate athlete performance based on qualifier scores, previous competition results and recommended minimum scores to determine the Team Canada entries for the IOT, Junior and Senior World Championships.

As a result, SRSR and SRDR will not be competed during the RSC Sanctioned Qualifier Tournament.

Ranking Method

The ranking system is based on the measured results of athletes (result score). The competition must be an RSC Sanctioned Qualifier Event, results must be in accordance with the IJRU Rules and Regulations in force, and RSC must have officially ratified the results.

Result Score

- A. The Result Scores are calculated using the IJRU Judging Manual.
- B. The official result score will be calculated by an RSC Standardized Judging Panel. This will be the Certified Score to be submitted.
- C. If there is a tie between athletes or teams in an Event for a qualifying spot, the rules below will be followed:
 - a. Tie in speed event
 - i. Video submissions will be recounted with an elite panel of judges
 - ii. Video submissions will be slowed down to determine the exact placement of feet at the time of the beep (If left foot jump was completed, this wins the tie)
 - iii. Athlete/team with the most misses will win the tie
 - iv. Tie will be determined by a coin toss
 - b. Tie in freestyle event
 - i. Athlete/Team with the higher difficulty score will win the tie
 - ii. Athlete/team with fewer misses will win the tie
 - iii. Athlete/team with the higher presentation score will win the tie
 - iv. Tie will be determined by a coin toss
 - c. Triple Unders
 - i. Athletes who are tied will be asked to record and submit another video to be counted by the RSC Judging Panel
 - ii. The video will need to be recorded live with a member from the RSC Technical Committee for the qualifier
 - iii. A date for the video submission will be communicated by RSC at the time that the tie is communicated to the athletes/club