



Rope Skipping Canada

Saut à la Corde Canada

RSC NATIONAL RECORD RECOGNITION POLICY

Rope Skipping Canada (RSC) will accept National records for all single rope masters speed, endurance and power events and all team single rope/double dutch speed, endurance and power events.

To be recognized as an RSC National record holder for speed events the following process must be followed:

A. Competition

- a. The record must be set at an event **recognized and/or sanctioned** by RSC.
- b. Athletes or their designate (ex. coach, club, or Provincial Sport Organization) must submit proof of their obtained result to RSC
- c. Upon receipt of the RSC National Record Submission form, the RSC Board of Directors or their designate confirm acceptance or denial of the record

B. Submission Request

For the speed score to be recognized as a new National Record, the athlete or designate must submit a video in which each athlete's right foot is always clearly shown and with all beeps (switches) clearly audible. The name(s) of the athlete(s), the date on which the record was set, and the competition name must also be submitted to RSC through the RSC National Record Submission form. Athletes must obtain a score greater than the current RSC record. If an athlete ties a current RSC record, the original record holder will maintain the record

C. Verification of the Video

RSC will appoint three (3) National experienced speed judges from three (3) different provinces, to verify the speed score. If required, the video will be reviewed using a slow-motion version of the video to ensure accuracy. Where possible, the judges appointed to review the video, should not be members of the same club to which the athlete belongs.

D. Counting the Video

The judges will count the video at least twice and note their score and sign the confirmation sheet. After the verification process is complete, the final score and, if requested, the signed confirmation sheets will be made available to the athlete or designate who submitted the request. No "half step" will be accepted as the National record. If a consensus on the National record in question cannot be obtained by the appointed judges, the RSC Board of Directors, will have final authority to accept or deny all National Record submissions.

The RSC National Record Submission form must be completed and sent to the RSC Board of Directors for acceptance and verification. Send to info@ropeskippingcanada.com. Once received RSC will verify the information submitted and either accept or deny records.