



**Rope Skipping Canada**

**Saut à la Corde Canada**

## **Rope Skipping Canada Athlete Council Annual Report 2023-2024**

This was the first year of the second term for the RSC Athlete Council. The current council consists of 6 members with two representatives from 3 provinces within Rope Skipping Canada. They are as follows:

### **Ontario**

Samuel Faris (chair)  
Taylor Thompson

### **Alberta**

Tyrel Gibson  
Kelly Fersovich

### **BC**

Bradley Spurge  
Clea Brummitt

The athlete council has been meeting fairly regularly and having great discussions this past year. The athlete council is additionally looking forward to taking a little more action in the upcoming season and is excited about some future opportunities in the next year.

The athlete council had its first presentation of hopefully much more in a speaker series targeted toward athletes with Taylor Thompson presenting on the topic of Mental Wellness and Preparation. If anyone would like to present their own topic or have any ideas on topics for future presentations please reach out to the RSC Athlete Council. The Athlete Council decided not to run a camp at Nationals this year but are open to any input or ideas about running future camps or activities at future Nationals. The athlete council also had the privilege of continuing to give out True Sport Awards at Nationals this year and look forward to continue to give out awards to athletes who display and exemplify the True Sport Principles.

The RSC Athlete Council had the opportunity this year to have a joint meeting with the AMJRF Athlete Advisory Council and look forward to future collaboration with our fellow American Athletes.

The RSC Athlete council continues to provide lots of input and feedback to the RSC Board and various RSC committees. The RSC Athlete Council is looking forward to more engagement with our members and athletes over the next year and beyond.

The RSC Athlete Council is looking forward to seeing all its fellow athletes jump and compete in the coming year including those athletes who are looking to qualify for IJRU 2025 in Japan.

The Athlete Council welcomes any input or ideas from all RSC members and athletes. We can be contacted at the email [athletes@ropeskippingcanada.com](mailto:athletes@ropeskippingcanada.com).

Respectfully Submitted

Samuel Faris

Rope Skipping Canada Athlete Council Chair