



**Rope Skipping Canada**

**Saut à la Corde Canada**

## **Rope Skipping Canada Athlete Council Annual Report 2022-2023**

This was the second year for the RSC Athlete Council. The council consists of 8 members with two representatives from each of the 4 provinces within Rope Skipping Canada. They are as follows:

### **Ontario**

Samuel Faris (chair)  
Taylor Thompson

### **Nova Scotia**

Jacob Nussey  
Hanna Janes

### **Alberta**

Garrett Bruinsma  
Deanna Fisher

### **BC**

Samuel Kliever  
Clea Brummitt

The athlete council has been meeting fairly regularly and having great discussions this past year. The athlete council is additionally looking forward to taking a little more action in the upcoming season and is excited about some future opportunities in the next year.

The athlete council participated and judged the RSC challenge this year. The council is looking forward to continue the growth of this event into the future. The Athletes Council additionally organized the Nationals Camp this year along with lots of support from the Abbotsford Skipping Sensations. The athletes council is always looking for any input on the camp on how we can improve and grow year to year. The athlete council also had the privilege of awarding the inaugural True Sport Awards at Nationals this year given to athletes who displayed and exemplified the True Sport Principles. The athlete council is looking forward to continuing these amazing awards at Nationals next year.

In agreement with the RSC board and the RSC Athlete Council, all national committees will have athlete representation going forward. The RSC Athlete Council is looking forward to more engagement with our members and athletes over the next year and beyond.

As the athlete council concludes its inaugural first term, we are looking forward to seeing some new faces and athletes on the RSC Athlete Council next season.

The Athlete Council welcomes any input or ideas from all RSC members and athletes. We can be contacted at the email [athletes@ropeskippingcanada.com](mailto:athletes@ropeskippingcanada.com).

Respectfully Submitted

Samuel Faris

Rope Skipping Canada Athlete Council Chair