

Aug 13, 2023



The 2022-23 skipping season was another busy and exciting year building on last year's restart. Our annual Fall Summit started up again for the first time in two years and was a great success with 64 athlete participants. Beyond that event, we held 2 competitions this season plus added an inaugural Mix, Mingle and Jump January weekend event to encourage inter-club learning and comradery. Our first competition, the Alberta Open, was held mid-February. Provincial Championships were held April 1 & 2, 2023. We had 87 athletes compete over the weekend attempting to qualify for the 2023 National Championships.

The Open competition and Provincial competition were the two video qualifier events for athletes to secure spots on the Canadian team that would represent us at the IJRU World Jump Rope Championships. Alberta purchased 6 video cameras to record all hopefuls during their events, and several Alberta judges held spots on the judging panel.

Our membership numbers increased once again by 41 over the past year to bring it to a total of 218 registered members including athletes, coaches, judges, and volunteers. We continue to encourage our members to become certified judges and have a total of 45 judges down somewhat since last year. Seven of our judges are active competitive athletes.

It is encouraging to see athlete and membership numbers increasing and hope to reach pre covid numbers in the coming year.

Plans are already underway for the 2023-24 season events starting with Fall Summit in October and we are looking forward to another exciting year.

Michael Wiens
Vice-Chair, Rope Skipping Alberta