



**Rope Skipping Canada**

**Saut à la Corde Canada**

**Rope Skipping Canada National Records  
Updated September 1, 2025**

<b>Master 30 Second Speed</b>					
<b>Age Category</b>	<b>Score</b>	<b>Athlete</b>	<b>Club</b>	<b>Year</b>	<b>Competition</b>
16+ Female	99.5	Clara Thiessen	SS	2025	IJRU Championships
16+ Male	100	Addison Kwong	KWJR	2025	Nationals
15 and Younger Female	97	Siyi (Bella) Wang	JRR	2025	RSA Open
15 and Younger Male	95.5	Di (Leo) Wang	JRR	2025	RSA Open

<b>Master 3 Minute Endurance</b>					
<b>Age Category</b>	<b>Score</b>	<b>Athlete</b>	<b>Club</b>	<b>Year</b>	<b>Competition</b>
16+ Female	473	Clara Thiessen	ABSS	2025	IJRU Championships
16+ Male	461	Jordan Coen	JRR	2025	RSA Provincials
15 and Younger Female	477	Siyi (Bella) Wang	JRR	2025	IJRU Championships
15 and Younger Male	456	Jordan Coen	ALYC	2019	Nationals

<b>Master Power Consecutive Triple Unders</b>					
<b>Age Category</b>	<b>Score</b>	<b>Athlete</b>	<b>Club</b>	<b>Year</b>	<b>Competition</b>
16+ Female	241	Stephanie Weeks	JS	2025	IJRU Championships
16+ Male	376	Ethan Justin	BAR	2025	IJRU Championships



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<b>Team Single Rope Speed Relay (4 x 30 seconds)</b>					
<b>Age Category</b>	<b>Score</b>	<b>Team Name</b>	<b>Club</b>	<b>Year</b>	<b>Competition</b>
16+ Female	367	Kaeli Wiens, Reagan Symonds, Clara Thiessen, Clea Brummitt	ABSS	2025	Nationals
16+ Mixed	356	Ethan Justin, Ryan Justin, Quinn Callender, Zilin Jia	BAR	2025	RSC IJRU Qualifier
16+ Male	179	Pieter Boyes, Malcolm Bruinsma, Ronin Dillon, Izack Vold	RR	2025	Nationals
15 and Younger Female	325	Psychedelic Sensations	ABSS	2011	Nationals
15 and Younger Mixed	323.5	Adrenaline Rush	LL	2013	Nationals
15 and Younger Male	238	Webs of Fury 2	BWRS	2019	Nationals

<b>Team Single Rope Double Under Relay (2 x 30 seconds)</b>					
<b>Age Category</b>	<b>Score</b>	<b>Team Name</b>	<b>Club</b>	<b>Year</b>	<b>Competition</b>
16+ Female	176	Lauren Sulpher, Emma Teskey	EE	2022	Nationals
16+ Male	168	Parker Campbell, Owen Lucas	ST	2025	RSA Provincials
16+ Mixed	176	Zilin Jia Ethan Justin	BAR	2024	Nationals
15 and Younger Female	166	Lexi Killins Sarayah Killins	LL	2024	ORSO Open
15 and Younger Mixed	178	Siyi (Bella) Wang, Di (Leo) Wang	JRR	2025	RSA Open
15 and Younger Male	151	Ryan Justin, Lachlan Marquis	BAR	2023	Nationals



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<b>Team Double Dutch 1 X 60 Sprint (1 x 60 seconds)</b>					
<b>Age Category</b>	<b>Score</b>	<b>Team Name</b>	<b>Club</b>	<b>Year</b>	<b>Competition</b>
16+ Female	197	Arden Mills, Brittany van Herk, Kaeli Wiens	ABSS	202	IJRU Championships
16+ Mixed	198.5	Samantha Kupis Addison Kwong Ka Chun Wong	JS	2025	RSC IJRU Qualifier
16+ Male	87	Cameron Helm, Finn Tolley, Matthew Turner	BWRS	2023	JRBC Provincials
15 and Younger Female	180	Bethany Hoeving, Janae Tubbs, Ariel Vickers	ABRW	2022	Nationals
15 and Younger Mixed	153	Matthew Bridger, Keeley Lamson, Harlee Rasmussen	CS	2020	RSA Open
15 and Younger Male	65.5	Pieter Boyes, Ronin Dillon, Izack Vold	RR	2025	Nationals

<b>Team Double Dutch 4 X 30 Relay (4 x 30 seconds)</b>					
<b>Age Category</b>	<b>Score</b>	<b>Team Name</b>	<b>Club</b>	<b>Year</b>	<b>Competition</b>
16+ Female	318.5	Sophie Symanczyk, Alyssa Peterson, Jackie Neumann, Piper Bourne	ST	2025	RSC IJRU Qualifier
16+ Mixed	342	Charlene Fong, Samatha Kupis, Addison Kwong, Ka Chun 'Victor' Wong	JS	2025	Nationals
16+ Male	292.5	Thomas Cunningham, Tyrel Gibson, Everett Graham, Rowan Reef	CS	2020	RSA Open
15 and Younger Female	295.5	Emily Hambleton, Sarayah Killins, London Wright, Aylla Peters	JS	2025	RSC IJRU Qualifier
15 and Younger Mixed	230.5	Matthew, Avery, Izzy, Harlee	CS	2020	RSA Open



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