



Rope Skipping Canada

Saut à la Corde Canada

**Rope Skipping Canada National Records
Updated June 2023**

Master 30 Second Speed					
Age Category	Score	Athlete	Club	Year	Competition
16+ Female	96	Taylor Thompson	JS	2014	Nationals
16+ Male	92.5	Jacob Nussey	JE	2023	Nationals
15 and Younger Female	96	Taylor Thompson	JS	2013	Nationals
15 and Younger Male	94	Jordan Coen	ALYC	2019	Nationals

Master 3 Minute Endurance					
Age Category	Score	Athlete	Club	Year	Competition
16+ Female	461	Shelby Toews	IND	2014	Ont. Provincials
16+ Male	451.5	Jordan Mulvihill	RR	2012	World Jump Rope
15 and Younger Female	458	Emily MacRae	JS	2010	FISAC Worlds
15 and Younger Male	456	Jordan Coen	ALYC	2019	Nationals

Master Power Consecutive Triple Unders					
Age Category	Score	Athlete	Club	Year	Competition
16+ Female	235	Sydney McLennan	LL	2019	Nationals
16+ Male	232	Jordan Mulvihill	RR	2013	Nationals



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Team Single Rope Speed Relay (4 x 30 seconds)					
Age Category	Score	Team Name	Club	Year	Competition
16+ Female	353	Clutch Sensations	ABSS	2018	WJR
16+ Mixed	346	Adrenaline Rush	LL	2015	Ontario Open
15 and Younger Female	325	Psychedelic Sensations	ABSS	2011	Nationals
15 and Younger Mixed	323.5	Adrenaline Rush	LL	2013	Nationals
15 and Younger Male	238	Webs of Fury 2	BWRS	2019	Nationals

Team Single Rope Double Under Relay (2 x 30 seconds)					
Age Category	Score	Team Name	Club	Year	Competition
16+ Female	176	Lauren Sulpher, Emma Teskey	EE	2022	Nationals
16+ Male	153	Everett Graham, Rowan Reef	HHEJRC	2022	Nationals
16+ Mixed	167	Owen Lucas, Alyssa Peterson	ST	2023	RSA Open
15 and Younger Female	160	Grace Bensler, Haley Wilms	ABSS	2022	Nationals
15 and Younger Mixed TIE	145	AJ Fox, Jayda	CNS	2020	RSA Open
15 and Younger Mixed TIE	145	Matthew Bridger, Avery Gurba	CS	2020	RSA Open
15 and Younger Male	151	Ryan Justin, Lachlan Marquis	BAR	2023	Nationals



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Team Double Dutch 1 X 60 Relay (1 x 60 seconds)					
Age Category	Score	Team Name	Club	Year	Competition
16+ Female	189	Arden Mills, Brittany van Herk, Kaeli Wiens	ABSS	2023	JRBC Provincials
16+ Mixed	184	Ashley Simpson, Brad Spurge, Paige Stewart	IH	2023	Nationals
16+ Male	87	Cameron Helm, Finn Tolley, Matthew Turner	BWRS	2023	JRBC Provincials
15 and Younger Female	180	Bethany Hoewing, Janae Tubbs, Ariel Vickers	ABRW	2022	Nationals
15 and Younger Mixed	153	Matthew Bridger, Keeley Lamson, Harlee Rasmussen	CS	2020	RSA Open



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Team Double Dutch 4 X 30 Relay (4 x 30 seconds)					
Age Category	Score	Team Name	Club	Year	Competition
16+ Female	310	Chloe,Jenna,Katelyn, Sophie	ST	2020	RSA Open
16+ Mixed	294	Thomas Cunningham, Jordis Hickie, Samuel Kliever, Helena Schales	BWRS	2022	Nationals
16+ Male	292.5	Thomas Cunningham, Tyrel Gibson, Everett Graham, Rowan Reef	CS	2020	RSA Open
15 and Younger Female	238	Brooklyn Hautzinger, Makenna Kropinske, Natasha Olson, Emma Searle	CS	2023	RSA Provincials
15 and Younger Mixed	230.5	Matthew, Avery, Izzy, Harlee	CS	2020	RSA Open