



Rope Skipping Canada

Saut à la Corde Canada

RSC Board Meeting Minutes

November 19th, 2023

8:00pm AST

Via Google Meet

In Attendance: **Cameron Short**
 Sam Faris
 Mary Kish
 Cathy Cunningham
 Jodi Bogstie
 Carly Simpson
 Shannon Fox
 Sam Ashley

1. Welcome and Call to Order

Sam F welcomed the board to the meeting. The meeting was called to order at 8:01pm AST.

2. Approval of the November 19, 2023 Meeting Agenda

Motion: To approve the November 19, 2023 meeting agenda as presented.

Moved by: Cathy Cunningham

Seconded by: Mary Kish

3. Approval of the October 22, 2023 Meeting Minutes

Motion: To approve the October 22, 2023 Meeting Minutes as presented.

Moved by: Cathy Cunningham

Seconded by: Carly Simpson

4. 2025 IJRU Qualification

Sydeny McLennan (competition committee chair) joined the call for the discussion on the 2025 IJRU Qualification Policy.

Prior to this call, the competition committee was working on minimum qualification standards and the proposal was sent out to the board.

Athlete council discussion: They had 5 of 6 members on the call to review the minimum standards. The athletes found the scores to be too high for right now. The athletes said they would want to fill spots for worlds before filling IOT spots even if athletes didn't reach the minimum standards rather than bumping them down to IOT right away and leaving WC spots open. They all agreed that they would want minimum scores but felt like they needed to be lower and gradually we could increase them. They also felt like athletes had their eyes opened from the last IJR WC so the athletes would already be motivated to keep getting better after seeing where Canada fell with the rest of the world for speed scores. They wanted it to be noted that with the qualifier being a few months before the event they may not be at those scores at the qualifier but working toward them for the IJR event.

Competition Committee Process: The median scores for WC were crossed with current national scores and all but 1 event were achieved by at least 1 athlete per event achieving the scores and others were close to the scores as well. The masters events had the closest scores but the team double dutches were further off of the highest scores for RSC athletes. The athletes that were going to WC were already close to if not achieving the minimum qualification scores.

Suggestion: Can we look at the same process but using IOT scores?

- The competition committee reviewed the IOT scores at the time and many of them were lower than what Canadian athletes are already achieving.

Discussion: We may want to be looking at limiting the amount of people submitting for the qualifier rather than limiting the number of athletes who are qualifying for WC. Filling WC spots fully because the WC should be the best from every country, not just the ones that are at a certain level in the world.

How would we go about setting the benchmarks for submitting to the qualifier?

- We could look at the IOT averages for this. The board, competition committee, and athlete council could also work together to set the benchmarks.
- We can continue to raise these benchmarks every year to continue to push our top athletes to achieve higher scores.
- We can also look at creating Canada-wide teams based on individual scores for team SR speed events. Matching up the best speed jumpers across the country to create a single top Canadian team for those events.

Competition committee task - take the median scores and reduce it by an appropriate % so it is a set data number. Also look at the number of athletes that would have qualified based on 2023. If it is only 1 it might be too high, and 7 might be too low.

Direction of the sport: IJRU shouldn't be the majority of the RSC members. This group should be a small group of the top athletes. We want clubs to be focusing on their rec and regular competitive programming to build participation in the sport and top athletes will naturally come from this. We want clubs to be spending the majority of their time and resources on the development of their clubs. This will also push the competitiveness of the sport by having more participants. We are already starting to see a lot of growth in rec right now and we need to keep pushing clubs in that direction.

Carly and Cameron are finalizing the communication on the IJRU and RSC qualification policies and they will be sent out in the next few days.

We will also be including the requirement that athletes attend nationals during IJRU years to be part of Team Canada.

5. **Financials & Registration Update**

We had approximately \$3000 in membership fees this month and 1 reimbursement went out from nationals (a cancelled meal plan).

Membership is roughly 50/50 competitive to rec. There are 989 members registered as of right now. There were 1130 registered members at the end of last season.

ORSO and RSANS tablets rental fee.

Motion: to pay ORSO and RSANS for the rental fee for the tablets for the 2023 national championships.

Moved by: Sam A

Seconded by: Carly

All in favour

6. **Insurance**

Last meeting last follow up:

TASK: Sam A to ask the insurance company if the \$1/day covers guest athletes/coaches -
IN PROGRESS

7. **Judging**

Is there a plan for the IJRU grant money that we know of yet? Carly - There is a group put together to present to Yuedong what IJRU wants to do with the grant money but we don't know yet what that proposal is.

7.1. Improvement Plan - TABLED

7.2. Level 2 training

ORSO is doing level 2 judge training in January and will loop in RSANS when it comes up.

Workshops have been very beneficial rather than just the training courses. Also having practice events and having more in-person training with athletes has been very successful in AB and BC.

8. Committee Updates

8.1. Athlete Council - Sam F

The first athlete council meeting of the season was prior to this meeting. There are more senior athletes this year so the communication has already been better. The main discussion was the minimum qualification scores for the IJRU qualifier (covered above in 2025 IJRU Qualification). This year for nationals they agreed that 3 min and Triples were too close to each other. They want to see the events done on different days.

- This is feedback that we have received multiple times. The board can bring this straight to the NTC so that it is considered ahead of the NTC starting their schedule

It was also mentioned if RSC would try to do a Team show for worlds, made up of athletes from across Canada.

- Team shows are difficult to do when the athletes are so spread out.

Question: Will Team Show be a part of the November virtual qualifier?

- If we don't need to know athlete names right away, this event could possibly be decided later.

8.2. Competition Committee - Carly

(covered above in 2025 IJRU Qualification)

8.3. Coaching Committee - Shannon

Shannon and Alyssa are still working on finalising all the material to share with the committee. They ran a trial workshop for coaches to see where teams needed the most support. A lot was similar to what the board has discussed today and building up the rec programming. There will be a full committee meeting soon.

8.4. Technical Committee - Cameron

Competitions are still being set up as PSO's decide dates and locations.

8.5. Awards Committee - Mary

We need a chair - Mary is going to ask Veronica Windsor. If she wants to then we can put out a call for committee members.

8.6. National Tournament Committee - Sam/Carly

The committee is meeting at the end of November. They have quotes on facilities for Nationals in Ontario. They are working out if they have a facility that meets all the requirements. The quote is for Waterloo University.

TASK: Carly, Sam F, Sam A - Go to NTC with schedule adjustments - moving 3 min and triples to different days. Also have the 2nd day start with master's speed events rather than the end of the day.

9. Coast to Coast

British Columbia - Cathy

The fall camp just happened on the island. It was the first fall camp in a while. There have been judge training workshops and practice. Cathy's team had another camp with athletes/coaches from Alberta. Most teams are working on routines now. There will be parades and other holiday activities coming up throughout BC.

Alberta - Jodi

Things have been pretty quiet since the summit. Clubs are working on getting everything together for the beginning of competition season. There will probably be some holiday activities happening.

Ontario - Sam F.

The ORSO camp was a few weeks ago and was a big success with 100+ athletes, and 20+ staff. They also had judge training and coach training. Some holiday parades and activities are coming up.

Nova Scotia - Sam A.

We have 2 visitors in NS right now. Stephanie Weeks and Jennifer Kirkland are here to do school workshops and practices with NS clubs. The RSANS AGM is scheduled for Tuesday Nov 21st. There is an upcoming holiday parade.

10. New business

Discussion:

TASK: Sam A, Carly and Mary set up a meeting with Allysa to discuss registration.

There has been discussion with Shannon (the largest team) and Alyssa. ORSO made some adjustments for registration and further changes are not needed.

TASK: Carly to go back to Alyssa and say we aren't going to move forward with registration changes.

11. Old Business

11.1. Tasks From Previous Board Meetings

Tasks from the June 11, 2023 Board Meeting

TASK: Sam F, Sam A, Carly bring the nationals schedule, length of days, facility requirements to the Athlete Council, Competition committee, and NTC. - **COMPLETE**

TASK: Jodi, Cathy, Carly, Allysa to discuss reviewing the qualifier judging and provide feedback.
-**IN PROGRESS**

TASK: Shannon, Tim and Cameron to send feedback for the job applications for the Team Canada Management. - **IN PROGRESS**

TASK: Jodi to discuss with the RSA members about something Taylor would have liked and been interested in. -**IN PROGRESS**

Tasks from the August 20, 2023 Board Meeting

TASK: Sam A, Carly and Mary set up a meeting with Allysa to discuss registration. - **COMPLETE**

TASK: Carly to draft feedback to IJRU about judging improvement. Including feedback from RSC clubs. - **COMPLETE**

TASK: Carly to connect with Tim N on being a chair/lead of a high level judge committee. - **IN PROGRESS**

TASK: Carly to send IJRU agreement contract to IJRU - **COMPLETE**

TASK: Carly to reach out to AMJRF about the PanAm organisation - **IN PROGRESS**

Tasks from the October 22, 2023 Board Meeting

TASK: Sam F to bring the IJRU qualification & minimum scores conversation to the next athlete council meeting. - **COMPLETE**

TASK: Carly to send an updated copy of the 2025 IJRU Qualification Policy to Cameron to share with RSC members. - **COMPLETE**

TASK: Sam A to ask the insurance company if the \$1/day covers guest athletes/coaches - **IN PROGRESS**

TASK: Carly to find out if virtual attendees are possible during the ORSO camp training for RSANS judges. -**COMPLETE**

TASK: Shannon to update the National Qualification Policy and send it to Cameron to send out to the members. - **COMPLETE**

12. Next Meeting: December 10th at 8pm AST

13. Adjournment

Tasks from this meeting

TASK: Carly to go back to Alyssa and say we aren't going to move forward with registration changes.

TASK: Carly, Sam F, Sam A - Go to NTC with schedule adjustments - moving 3 min and triples different days. Also have the 2nd day start with master's speed events rather than the end of the day.