Rope Skipping Canada

Saut à la Corde Canada

RSC Board Meeting Minutes
July 26, 2026
7 p.m. ET
Via Google Meet

In Attendance
Cameron Short
Shannon Fox
Carly Simpson
Sam Faris
Autumn Nesdoly
Jana Hamilton
Dana Knapik

Absent
Darren McLean
Bradley Spurge (athlete council representative)

Item	Topic	Action/Due
1.	**Welcome and Call to Order** - Cameron Call meeting to order at 7:01 ET	
2.	**Approval of the July Meeting Agenda** **Motion:** To approve the July 26, 2026 meeting agenda as presented (amended) Motioned: Dana Seconded by Carly	
3.	**Approval of the June 14, 2026 Meeting Minutes** **Motion:** To approve the June 14, 2026 Meeting Minutes as presented (amended). Motioned: Autumn Seconded by Jana	
4.	**Strategic Plan Update**	

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	PSO Stakeholder survey **Stakeholders** - Sam Faris and Carly Simpson **Financial** - Darren **Internal Processes** - Autumn Nesdoly (optimize event organizations) and Cameron Short ● Autumn and Cameron are attending the speed camp and will be working together on some by-law amendments and policy updates **Growth Enablement** - Shannon Fox (focus on coaching) and Dana Knapik ● Shannon has been working on some updates	
5.	**AGM Planning** - Cameron ● Director at Large nominations closed yesterday ● Two applicants ● Cameron and Autumn putting together bylaw amendments 21 days before the AGM as part of the AGM package	Cameron to send out email to committee chairs
6.	**IJRU Update** - Cameron/Shannon ● Pan-Am Competition Update ○ We haven't heard anything about the Pan-Am competition ○ Still planning to send a letter to Pan-Am ● Technical Congress Update - Autumn and Brad ○ Recently voted on Team Show rule changes, but haven't heard about approvals ● Judging portal - adding requirements for Worlds (level 3 certifications with new videos). ○ No judges will need to re-certify. If you already have level 3, you'll need do all new continuing education. ○ Consider adding a Team Show specific training, but also may do a tap on the shoulder ● Open Tournament: Tournament committee on a worlds year can choose what is included ○ 2027: No TU, No SRTF, No DDPF and 30+ is any gender category	
7.	**Team Canada and 2027 Worlds** - Cameron ● Applications for managers and coaches has been sent out and are due in mid-August ● Need to fill out first iteration of slot reservation for IJRU ● Next meeting for IJRU is end of August	
8.	**2026 China Speed International Jump Rope Training Camp (Canada**	

	Station) - CRSA Update - Cameron ● China had issues with Visas, so all of their participants weren't able to get Visas on short notice ● They prioritized getting Visas for 3 staff members ● Canada has 5 staff confirmed ● Camp is now only 4 days including coach packages for speed ● We currently have 40 participants registered, but not all have paid ● Unsure if AMJRF will be sending anyone - we just sent them a package	
9.	**Sportslaw Policies** - Cameron ● Discipline and Complaint Policy: https://docs.google.com/document/d/1CI4SY0EzxuSmRSgesL3gDi7zaLjMxWcw/edit?usp=sharing&ouid=107970585776206739382&rtpof=true&sd=true **Motion:** To approve the RSC Discipline and Complaint documents as presented **Tabled until next meeting**	
10.	**Financial Review and Registration Update** - Darren/Cameron April Opening Bank Balance: $75,049.38 April Expenses: $92.20 April Income: $37,869.00 (this number is 99.5% from Membership dues prior to Nationals) April Closing Bank Balance: $112,826.18 May Opening Bank Balance: $112,826.18 May Expenses: $27,729.03 ($21,545.21 of this were expenses for hosting the Nationals Tournament) May Income: $49,177.19 ($41,145 of this is Membership dues for Nationals. Also $4,455.00 is commissions received from merchandise sales from Nationals) May Closing Bank Balance: $134,274.34	

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	Registration Update: ● Final membership numbers for 2025-2026 season: 1,404 ● We have one applicant for the registrar position	
11.	**Committee Updates:** **Athlete Council** - Sam ● Provided feedback on Nationals ● Gave feedback on giving out records ○ Like giving out records for entire year including if the same athlete(s) breaks the same record multiple times ● Started planning the fall challenge ● Feedback on Nationals medals ● Would prefer credentials over participation ribbons **Competition Committee** - Carly ● No meeting this month **Coaching Committee -** Shannon ● No meeting this month **Technical Committee** - Cameron ● No update ● Will touch base over the next few weeks to confirm membership for next season ● Looking to discuss process for sanctioning all our Provincial events **Awards Committee -** Cameron ● Entire committee is at their two year term ● Would like PSOs to see if they would like to change who is sitting on the committee as their PSO rep **National Tournament Committee** - Autumn ● No location determined yet ● Autumn shared the budget in advance of the meeting ● RSC board to review projected budget for 2027 **Judge Trainer Task Force** - Jana ● Jana to send out a poll this week	PSO reps to ask if they want to retain/replace the current the rep for the RSC awards committee RSC board to review projected Nationsl budget for 2027 Jana to send out a poll this week re: meeting of judge trainers
12.	**Coast to Coast** **British Columbia** - Dana	

	● No chair for the board. ● Have an interim chair until September ● Worlds teams are practicing over the summer **Alberta** - Autumn ● Skip Time and Skip Squad participated in Stampede ● Worlds athletes are practicing ● Sending a few athletes to camp in Ontario ● Casino fundraising event in August **Ontario** - Sam ● Annual strategic plan meeting coming up in a few weeks ● Teams training for worlds **Nova Scotia** - Cameron ● 2 new interim board members getting up to speed until the AGM ● Clubs are breaking for the most part over the summer ● Unsure if anyone is training for worlds ● Hoping to host provincials in Cape Breton after a successful trip with camps	
13.	**New Business** **Elite Master Open** ● Autumn is sending out invites to selected athletes' club **Insurance renewal is due**: ● Cameron to send out to board for review' ● Find out if our insurance covers competing in the Province of Quebec **Complaint update -** Carly/Cameron ● In the process of redacting the report from the lawyer ● It will be sent to all parties involved	Autumn is sending out invites to selected athletes' clubs Look into insurance coverage for Elite Masters Open Cameron to send out insurance for board to review Cameron to find out if our insurance covers

		competing in the Province of Quebec
13.	**Old Business** **<u>Tasks from the December 14, 2025 Board Meeting</u>** **Task:** Cameron to create intake policy for donations on the website **<u>Tasks from the February 22, 2026 Board Meeting</u>** **Task:** Cameron/Carly to edit Discipline and complaint policy and provide at next meeting **- IN PROGRESS** **Task:** Darren to pay IJRU technology invoice as approved - **IN PROGRESS** **Task:** RSC board to look into adding an athlete member to the BoD with a vote **- IN PROGRESS** **<u>Tasks from the April 19, 2026 Board Meeting</u>** **Task:** Coaching committee to review and update policy for next year based on new NCCP changes **- IN PROGRESS** **Task:** Cameron to ask IJRU for clarification around DDC age 16+ age category **- COMPLETED** **<u>Tasks from the May 24, 2026 Board Meeting</u>** **Task:** Cameron/Brad to share the athlete survey with athletes via email/social media for additional feedback **Task:** Cameron to send out call for nominations for team canada staff - **COMPLETED** **Task:** Cameron to update the Team Canada staff applications to state that all staff will receive an honorarium designed to cover all expenses - event registration, accommodations, and travel - **COMPLETED** **Task:** Cameron to send email about China Speed Training Camp dates/location in Ontario and that there are 35 spots - **COMPLETED** **Task:** Carly to send Jana emails of Allysa and Eilea - **COMPLETED** **Task:** Cameron to send out nomination forms for Directors at Large - **COMPLETED** **Task:** Cameron to respond to respondent - **COMPLETED** Task: Carly to respond to complainant **<u>Tasks from the June 14, 2026 Board Meeting</u>** **Task:** Cameron to send out committee reports that will be due in the fall **Task:** Shannon to review and provide RSC board our total cost and	

	then we will vote electronically for our rates for rate with dorms/food and rate without dorms/food - **COMPLETED** **Task:** Shannon to put together an application form so we are ready to send it out once available - **COMPLETED** **Task:** Autumn to email out NTC budget - **COMPLETED** **Task:** Carly to ask Chris if he would want to stay on the committee for next year or recommend someone else to attend - **COMPLETED** **Task:** Brad/Athlete council to create ideal schedule for nationals to share with NTC - **IN PROGRESS** **Task:** Autumn to reach out to Luke Boon to find out more information and decide if we want to participate - **COMPLETED**	
14.	**Next Meeting Date -** August 16, 2026 at 7 p.m. ET	
15.	**Adjournment at:** 8:22 ET **Moved by:** Cameron	