Rope Skipping Canada

Saut à la Corde Canada

RSC Board Meeting Minutes
January 11, 2025
7 p.m. ET
Via Google Meet

Attendance:
Cameron Short
Carly Simpson
Sam Farris
Cathy Cunningham
Darren McLean
Autumn Nesdoly

Absent:
Shannon Fox
Jana Hamilton

Item	Topic	Action/Due
1.	**Welcome and Call to Order** - Cameron 7:03 p.m.	
2.	**Approval of the January Meeting Agenda** **Motion:** To approve the January 11, 2026 meeting agenda as presented Cathy motions to approve Seconded by Sam	
3.	**Approval of the December 14, 2025 Meeting Minutes** **Motion:** To approve the December 14, 2025 Meeting Minutes as presented. Cathy motions to approve minutes Seconded by Darren	
4.	**Appointment of Officers** - Cameron	

	Treasurer: Currently Vacant Darren is able to continue as treasurer unless someone else wants to take it on. Darren is acclaimed.	
5.	**Strategic Plan Update** **Stakeholders** - Sam Faris and Carly Simpson ● Athlete Council is thinking through how to measure athlete satisfaction to help guide RSC in that process ● Looking to create a link on the website for athletes to be able to contact the Athlete Council feedback **Financial** - Darren **Internal Processes** - Autumn Nesdoly (optimize event organizations) and Cameron Short **Growth Enablement** - Shannon Fox (focus on coaching) and Cathy Cunningham Autumn drafted a survey to send to all PSOs re: strategic plan and Cameron to review and send out to members. Use feedback as a starting point for each priority within the plan. **Town Halls** ● **January Town Hall - 2027 Worlds Qualifier** ○ Plan is to hold it January 25 in late afternoon or evening so as not to conflict with the ORSO Speed Competition ○ Survey about qualifier is due on January 19 which gives time to review feedback before the Town Hall	Action: Cameron to send out survey to PSOs Action: Cameron to announce the Town Hall in the January newsletter
6.	**IJRU Update** - Cameron ● AIMS application ○ No update as we are waiting on Kiralee to provide the link to the survey ● Pan-Am Competition ○ Cameron attended Pan-Am meeting which was translated by Ernesto ○ Lack of certified judges was a large topic ○ Jessica is planning to do judge training with Monica ○ Waiting on information from Pan-Am on how to become a member of Pan-Am	Action: Cameron to contact the NTC to see if anyone is interested in being on the working

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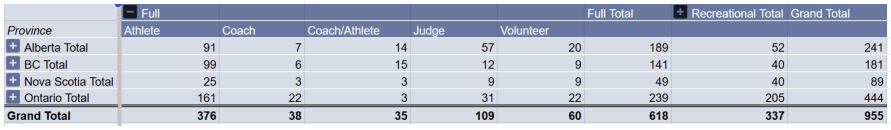
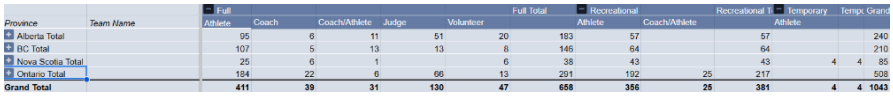
	○ July 24-26, 2026 in Columbia ○ Up to RSC to choose who from Canada will compete at Pan-Am	group with Pan-Am Action: Announce that Pan-Am is happening and ask for interest
7.	**Sportslaw Policies** - Cameron These are not completely finished and Cameron still needs to make a few more edits and will circulate before the next meeting	
8.	**Financial Review and Registration Update** - Darren/Cameron Did not update the registration numbers in the agenda, but there has only been a small change since the last meeting Finance overview: ● Mostly registration coming in and few expenses. ● One thing of notes is $1800 came from IJRU for judges stipends ○ Payments to judges have gone out Registration as of Dec 14th: 	

	Full					Full Total	Recreational Total	Grand Total
Province	Athlete	Coach	Coach/Athlete	Judge	Volunteer			
Alberta Total	91	7	14	57	20	189	52	241
BC Total	99	6	15	12	9	141	40	181
Nova Scotia Total	25	3	3	9	9	49	40	89
Ontario Total	161	22	3	31	22	239	205	444
Grand Total	**376**	**38**	**35**	**109**	**60**	**618**	**337**	**955**

Dec 2024



	Full					Full Total	Recreational	Recreational T	Temporary	Temp. Grand
Province / Team Name	Athlete	Coach	Coach/Athlete	Judge	Volunteer		Athlete	Coach/Athlete	Athlete	
Alberta Total	95	6	11	51	20	183	57		57	240
BC Total	107	5	13	13	8	146	64		64	210
Nova Scotia Total	25	6	1		6	38	43		43	4 4 85
Ontario Total	184	22	6	66	13	291	192	25	217	508
Grand Total	**411**	**39**	**31**	**130**	**47**	**658**	**356**	**25**	**381**	**4 4 1043**

9.	**Committee Updates:** **Athlete Council** - Brad ● Held meeting today and are aiming to have the same day as Board meeting, earlier in the day ● Talked about awards at Nationals using the SKIP acronym	

	○ Each day they would do a jr. and sr. award starting with "S" on Friday ● Each meeting will review a different section of the strategic plan ● Next Sunday, the RSC AC is meeting with the AMJRF Athlete Council ● Athlete Council provided lots of ideas for things to include in the newsletter and social media ● Want to get more on YouTube - Sam A to get access to AC ● Consider test running live streaming on Instagram ● Athlete Council to review all aspects of the strategic plan and are asking the board for any specific discussion items ● Curiosity about Provincial camps and there are athletes who want to attend but there are caps on numbers ○ What could an RSC fall camp look like and what is the feasibility ○ Larger theme is intra-Provincial events/opportunities to see each other ● Brad has put his name forward to sit on the IJRU athlete council ● AC is still missing a female rep from Nova Scotia **Competition Committee** - Carly ● Meeting next weekend ● Carly has sent notes to Sydney from RSC's last board meeting to provide direction **Coaching Committee -** Shannon ● Reviewing documents and providing feedback **Technical Committee** - Cameron ● No update **Awards Committee -** Cameron ● All members from last year have agreed to stay in their positions this year ● Cathy confirmed who the rep is from BC ● ToR update is coming ● All applications have been up and posted since September and included in the newsletter **National Tournament Committee** - Autumn ● We didn't meet in December due to schedules ● Autumn reviewed survey responses with the Board	
10.	**Coast to Coast** **British Columbia** - Cathy ● Everyone is back after Christmas and solidifying routines ● Records day coming up in Feb. for speed/power	

	Alberta - Autumn ● No board meeting since last RSC call ● RSA was hoping to host a mix, mingle and jump but didn't have enough interest from judges to host ○ Cameron to notify IJRU that this event isn't happening ○ Autumn suggested a mix, mingle and jump event between Canada and the US ● SkipTime did a demo at the University of Calgary **Ontario** - Sam ● First competition happening in two weeks - speed and multiple event that will act as a qualifier for our Provincials **Nova Scotia** - Cameron ● Gearing back up after the holidays ● End of January there is a school and rec competition - this is the first time they've done this event completely separate from Provincials ○ Goal is to engage more with schools and modify events so they are easier ○ Hoping to see this grow in the futur ● Working to engage with and grow the Annapolis valley club and are hosting 1 of 3 annual events in that area of the province ● Steph and Jen are coming to do some school demos and a workshop	
12.	**New Business** ● Do judges need to be 16 to judge? ○ Action: Competition Committee to provide recommendation on minimum age for judges and if we want a rule around previous judging experience to be eligible to judge	Action for competition committee
13.	**Old Business** **<u>Tasks from the November 24, 2024 Board Meeting</u>** **TASK:** Carly/Cathy to make a TOR for an RSC judging task force. - **IN PROGRESS** **<u>Tasks from the November 9, 2025 Board Meeting</u>** **TASK:** PSO reps to provide names and official emails for each PSO board member so we can update our communication lists - **IN PROGRESS** **<u>Tasks from the December 14, 2025 Board Meeting</u>**	

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	Task: Cameron to connect with Darren re: Treasurer role **COMPLETED** **Task:** Shannon to send BoD summary of IJRU General Congress Notes **COMPLETED** **Task:** Cameron to complete AIMS survey on behalf of RSC - **IN PROGRESS** **Task:** Cameron/Carly to update Sports Law policies in advance of January meeting - **IN PROGRESS** **Task:** Cameron/Carly to create survey for PSOs re: strategic plan to get a base level of where we are at in each pillar - **IN PROGRESS** **Task:** Shannon to respond to email from Sam A. re: charitable donations - **COMPLETED** **Task:** Cameron to create intake policy for donations on the website Task: Carly to communicate action items to Competition Committee (international citizens and national records, update to delay of tournament) - **IN PROGRESS** **Task:** Cameron to reach out to Ann (IJRU) to see if there is a streamlined process for event approval to get approval for all PSO events - **IN PROGRESS** **Task:** Cameron/Sam to send out mailjet to remind about the Nationals survey - **COMPLETED** **Task:** Cameron to provide a working document for us to start brainstorming Newsletter ideas - **IN PROGRESS**	
14.	**Next Meeting Date February 22, 2026**	
15.	**Adjournment at: 8:18 p.m.** **Moved by:** Sam	