Rope Skipping Canada

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RSC Board Meeting Minutes
February 22, 2026
7 p.m. ET
Via Google Meet

In attendance:
Cameron Short
Cathy Cunningham
Sam Faris
Jana Hamilton
Shannon Fox
Autumn Nesdoly
Bradley Spurge (athlete council representative)

Absent:
Darren McLean

Item	Topic	Action/Due
1.	**Welcome and Call to Order** - Cameron 7:02 Cameron calls to order the meeting	
2.	**Approval of the February Meeting Agenda** **Motion:** To approve the February 22, 2026 meeting agenda as presented (amended) Cathy motions Sam seconds	
3.	**Approval of the January 11, 2026 Meeting Minutes** **Motion:** To approve the January 11, 2026 Meeting Minutes as presented (amended). Cathy motions Shannon seconds	
4.	**Strategic Plan Update** **Survey to PSOs** ● Waiting on feedback from Ontario	

	• BC has submitted
	
	Cathy to check if the email we have for BC chair is accurate
	
	Stakeholders - Sam Faris and Carly Simpson
	Financial - Darren
	Internal Processes - Autumn Nesdoly (optimize event organizations) and Cameron Short
	Growth Enablement - Shannon Fox (focus on coaching) and Cathy Cunningham
	
	No updates from each section of the strategic plan as we are waiting to review results from PSOs.
	
	Town Halls
	• Decide not to do a Town Hall about the qualifier dates
	• March - could focus on upcoming events
	  ○ Pan Am Competition
	  ○ China Speed workshop
	  ○ Questions about Nationals
	• May during nationals - potential Town Hall on media
	• Coaching Town Hall in June	

5.	**IJRU Update** - Cameron/Shannon
	• AIMS application - Cameron sent
	• IJRU is looking to host in Canada soon (Tourism Ontario gave 2029/2031 and Tourism Calgary gave 2029)
	• Pan-Am Competition - nothing has come up related to the event and we haven't offered any people to help
	  ○ RSC sent out an interest form to members in January
	  ○ We don't know how registration will work, if it can be handled at the club letter, we may consider putting out a statement that there is a travel advisory
	  ○ We may need to communicate to athletes that the Pan Am competition will allow for scores to get added to the IJRU leaderboard
	  ○ Suggestion to put forward that Canada would like to host the Pan-Am competition for 2028
	• Pan-Am Application - Cameron to complete
	• IJRU is working to re-do the entire judging portal and hoping it will be ready for next season
		Cameron to reach out to Ernesto about Pan-Am rules/slots/etc. Find out how registration works, does RSC nominate athletes, travel advisory, etc.
		
		Cameron to complete Pan Am application

6.	**2026 "China Speed" International Jump Rope Training Camp**	Cameron to

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	(Canada Station) - CRSA ● RSC is very interested and excited about the opportunity to have a speed workshop in August in Canada ● We want to know if there is any ask of RSC, aside from the fact that they are asking for athletes to help staff the freestyle portion of the workshop ○ How many athletes are they hoping to have attend?	respond to email and ask for more details
7.	**Sportslaw Policies** - Cameron ● RSC Code of Conduct: https://docs.google.com/document/d/1wgXs1gO5aLfjLRu1GIdepzmXb-DpwN-m/edit?usp=sharing&ouid=107970585776206739382&rtpof=true&sd=true ● Appeals Policy: https://docs.google.com/document/d/1G9Epb4R-qHSO5mqcw-47f3cYQNiYNJ-p/edit?usp=sharing&ouid=107970585776206739382&rtpof=true&sd=true ● Conflict of Interest: https://docs.google.com/document/d/1gmBuZ0hrKDZI3ZEZ27GZNp0gVS6HFF8J/edit?usp=sharing&ouid=107970585776206739382&rtpof=true&sd=true ● Discipline and Complaint Policy: https://docs.google.com/document/d/1CI4SY0EzxuSmRSgesL3gDi7zaLjMxWcw/edit?usp=sharing&ouid=107970585776206739382&rtpof=true&sd=true **Motion:** To approve the RSC Code of Conduct, Appeals Policy and Conflict of Interest policy documents as Amended Carly motion Jana seconded All in favour	Cameron to add approved policies to the website Cameron to edit Discipline and complaint policy and provide at next meeting
8.	**RSC Judge Trainer Task Force** - Cathy/Carly Terms of Reference: https://docs.google.com/document/d/1QeggaHbo2GgtvtERn4EvFDqDduRTcWeu/edit?usp=sharing&ouid=107970585776206739382&rtpof=true&sd=true **Motion**: to approve the RSC Judge Trainer Task Force Terms of	

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	Reference as presented (amended) Jana motions Seconded by Cathy All in favout	
9.	**ORSO Athlete Request for a Bye to Nationals** Please see email attached to meeting materials for details. ● We don't want to overstep ORSO as this is under ORSO jurisdiction ● Based on previous decisions and other requests from athletes, we have always sent it back to the province ● ORSO has the option to send them Nationals as they have 8 spots to send to Nationals even though they didn't compete at Provincials ● We believe it is important to keep high performing athletes, they help motivate and push athletes across our county to achieve their best and we would like to see them at Nationals ● We do appreciate that they took time to show precedent in how this is handled in other sports and we are actively working on a policy similar to this for next year ○ Too many logistics involved in how RSC would select these at	Cameron to respond the Justin's Cameron to notify ORSO about the complaint
10.	**Financial Review and Registration Update** - Darren/Cameron **Financials:** ● IJRU Tech Invoice ○ Cameron has sent to Tech reps in each provinces ○ There is one small discrepancy with Alberta (athletes in multiple clubs were counted multiple times) ○ Invoice will go directly to the PSOs **Motion:** To pay the IJRU invoice of $5,700 USD for the 2025 tech fees Cathy motion Jana seconded All in favour **Donations:**	Darren to pay invoice to IJRU

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- Cameron found out how to set up donations on the RSC website
- Cameron is in the process of setting up an account with canadahelps.org

Registration as of Feb 16:

Province	Full					Full Total	Recreational Total	Grand Total
	Athlete	Coach	Coach/Athlete	Judge	Volunteer			
Alberta Total	103	7	16	59	22	207	112	319
BC Total	100	6	15	26	12	159	40	199
Nova Scotia Total	25	3	3	9	9	49	50	99
Ontario Total	161	22	3	31	22	239	205	444
Grand Total	**389**	**38**	**37**	**125**	**65**	**654**	**407**	**1061**

Jan 2025

Province	Full					Full Total	Recreational		Recreational T	Temporary	Tempc	Grand
	Athlete	Coach	Coach/Athlete	Judge	Volunteer		Athlete	Coach/Athlete	Athlete			
Alberta Total	95	6	11	51	20	183	57		57			240
BC Total	109	5	13	13	8	148	67		67			215
Nova Scotia Total	25	6	1		6	38	43		43	4	4	85
Ontario Total	184	22	6	66	13	291	192	25	217			508
Grand Total	**413**	**39**	**31**	**130**	**47**	**660**	**359**	**25**	**384**	**4**	**4**	**1048**

Feb 2025

Province	Full					Full Total	Recreational		Recreational T	Temporary	Tempc	Grand
	Athlete	Coach	Coach/Athlete	Judge	Volunteer		Athlete	Coach/Athlete	Athlete			
Alberta Total	106	6	11	51	20	194	57		57			251
BC Total	122	7	13	16	8	166	80		80			246
Nova Scotia Total	25	6	1	6	6	44	47		47	4	4	95
Ontario Total	184	22	6	85	16	313	210	25	235			548
Grand Total	**437**	**41**	**31**	**158**	**50**	**717**	**394**	**25**	**419**	**4**	**4**	**1140**

Financials as of December 31, 2025:

Opening Balance: $77,774.53

Income: $1,009.00

Expenses: $1,254.00

Total transactions: 6

Closing balance: $77,529.53

11. Committee Updates:

Athlete Council - Brad

- Looking at Nationals Camp to get something sent out with a rough estimate on how many athletes are planning to attend. So they can figure out staffing
- Looking to provide suggestions for Carly/Sam on athlete satisfaction, could we set up a QR code that is set up to a satisfaction survey (3-4 questions on a survey)
- Looking into creating an ambassador program, how to select, what are the role of ambassadors
- Still missing a female rep from Nova Scotia

Looking into adding an athlete member to the BoD with a vote

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	• Met with AMFRJ athlete council - Erika chair and she has a vote on their board, but they don't have control over their social media
	  ○ Discussed ambassador program
	  ○ AMJRF provided ideas for social media
	National Tournament Committee - Autumn
	• Invite Mike and Devin to attend our Nationals as commentators - Budget approximately $5,000
	  ○ Approach Arden, Garret, Jen, Sydney
	• Ideas for DDC awards
	  ○ Speed events - use old RSC medals
	  ○ Freestyle - small trophy for each athlete (up to 6 athletes)
	  ○ Team show - no team shows registered this year
	
	Motion: To add $5,000 to the Nationals budget for Mike Fry and Devin Meek to attend RSC Nationals as commentators and staff at RSC National camp and train Canadians as commentators
	• Autumn motions
	• Seconded by Cathy
	• All in favour
	
	Motion: To charge $20 per participant to attend the 2026 camp to help offset the cost of bringing in guest instructors.
	• Autumn motions
	• Cathy seconded
	• All in favour
	
	Competition Committee - Carly
	• Approval of updated Judges Policy (added language for age and experience requirements): https://docs.google.com/document/d/1qJtwQLlcZKLT86pgHNq6AVw9RO_-xNBE4v0AudM-4PA/edit?usp=sharing
	• National Record Policy (added language for canadian address requirement): https://docs.google.com/document/d/1XTaALBnZoQFmWdh_SlAWgkT7CJGCrvmR/edit?usp=sharing&ouid=101803240333177025325&rtpof=true&sd=true
	• Competition Manual (added language for delay of tournament): https://docs.google.com/document/d/1UR785p8buB0ZdQlZuGkz87wotqTzD6igl8IRT4x254g/edit?usp=sharing
	Motion: To approve the updated Judges Policy, National Record Policy and Competition manual as presented.
		Brad to reach out Arden, Autumn to reach out to Garret, and Carly to reach out to Jen

	• Autumn motioned • Cathy seconded • All in favour **Coaching Committee -** Shannon • Not meeting since last call • Jana to join as representative from Alberta **Technical Committee** - Cameron • 2 national records have been submitted and need to be updated on the website • Scoreboard for IJRU tech with tablets will be included as part of the tech fee • IJRU is not upping the fee **Awards Committee -** Cameron • Updated Terms of Reference: https://docs.google.com/document/d/1Y27FV87AonO7lWk6XcbdwjdBYJ56NyNkH6rT-lY7-2Y/edit?usp=sharing • Taylor Eleniak Award - look into write up **Motion:** To approve the Awards Committee Terms of Reference as presented. • Carly motions • Autumn seconded • All in favour	Need to ask for PSO nominations Cameron to add to newsletter the Taylor Elaniak award Cameron to add all updated policies to the website
12.	**Coast to Coast** **British Columbia** - Cathy • Just finished Records Day • Teams are working and getting ready for Provincials **Alberta** - Autumn • Just ran the open and had a few issues with Technology • There were a few Alberta records set **Ontario** - Sam • In the midst of the competition season • Speed/power event in January - ran well but had severe weather issues • Freestyle open is happening next weekend **Nova Scotia** - Cameron • Ran first school/rec competition with a good turnout	

	• Got some kids from the community attended from schools they didn't do shows at • Steph and Jen were there helping promote the school competition	

13.	**New Business**
	• Request from non-Canadian athlete to compete at RSC Nationals
	  ○ No, you have to qualify to our Nationals
	• Equipment rentals for PSOs - live stream equipment
	  ○ He is also willing to send a list of equipment to purchase and instructions for how to use
	  ○ Are we okay to allow Sam to send this email to PSOs?
	  ○ We are okay with it as long as this comes from him personally and not through the RSC GM
		Cameron to reply and say
		
		Cameron to reach out to Jessica for more information

14.	**Old Business** **<u>Tasks from the November 24, 2024 Board Meeting</u>** **TASK:** Carly/Cathy to make a TOR for an RSC judging task force. - **COMPLETED** **<u>Tasks from the November 9, 2025 Board Meeting</u>** **TASK:** PSO reps to provide names and official emails for each PSO board member so we can update our communication lists - **COMPLETED** **<u>Tasks from the December 14, 2025 Board Meeting</u>** **Task:** Cameron to complete AIMS survey on behalf of RSC **- COMPLETED** **Task:** Cameron/Carly to update Sports Law policies in advance of February meeting - **COMPLETED** **Task:** Cameron/Autumn to create survey for PSOs re: strategic plan to get a base level of where we are at in each pillar - **COMPLETED** **Task:** Cameron to create intake policy for donations on the website - **IN PROGRESS** **Task:** Carly to communicate action items to Competition Committee (international citizens and national records, update to delay of tournament) - **COMPLETED** **Task:** Cameron to reach out to Ann (IJRU) to see if there is a streamlined process for event approval to get approval for all PSO events - **In Progress** **Task:** Cameron to provide a working document for us to start	

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	brainstorming Newsletter ideas - **COMPLETED** **<u>Tasks from the January 11, 2026 Board Meeting</u>** **Task:** Competition Committee to provide recommendation on minimum age for judges and if we want a rule around previous judging experience to be eligible to judge - **COMPLETED** **Task:** Cameron to contact the NTC to see if anyone is interested in being on the working group with Pan-Am **Task:** Announce that Pan-Am is happening and ask for interest - **COMPLETED** **Task:** Cameron to announce the Town Hall in the January newsletter- **Not moving forward with this** **Task:** Cameron to send out strategic plan stakeholders survey to PSOs - **COMPLETED**	
15.	**Next Meeting Date - March 15, 2026**	
16.	**Adjournment at:** 9:51 p.m. **Moved by:** Autumn	