Rope Skipping Canada

Saut à la Corde Canada

RSC Board Meeting Minutes
February 16th, 2025
8:00pm AST
Via Google Meet

In Attendance:	**Carly Simpson**
	Sam Faris
	Cameron Short
	Julianna Bourne
	Cathy Cunningham
	Shannon Fox
	Jana Hamiliton
	Darren McLean

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1. **Welcome and Call to Order**
   Carly welcomed the board to the meeting. The meeting was called to order at 8:02pm AST.

2. **Approval of the February 16th, 2025 Meeting Agenda**

   Motion: To approve the February 16th, 2025 meeting agenda as presented.
   Moved by: Cathy Cunningham
   Seconded by: Julianna Bourne
   Carried

3. **Approval of the January 12th, 2024 Meeting Minutes**

   Motion: To approve the January 12th, 2024 Meeting Minutes as presented.
   Moved by: Cathy Cunningham
   Seconded by: Sam Faris
   Carried

4. **Alberta Athlete Council Rep Update**
   Carly is setting a date to have a meeting with the male Alberta athlete council representative and an RSA representative. Ideally prior to the Alberta Open.

RSA voted to hold the female athlete council representative election at the Alberta Open on February 22/23. The athletes will already be together in person and they felt that this would be the best way to collect the most votes.

5. **RSC IJRU Qualifier & Team Canada** - Carly/Shannon/Julianna
Team Canada was announced on January 26th. There was a great turnout at the meeting.

The team fee calculators and athlete deposits were due Friday, February 14th.

The package details were clarified by IJRU this weekend and the Team Canada staff will be sending out more information to clubs and opening the window to edit the calculators again.

Shannon met with the uniform supplier to get info on sizes and timeline for the Team Canada uniforms. They will send out a sizing guide for any clubs that don't have access to uniforms from 2023. Uniform orders will be due April 1st and shipped out to clubs June 1st.

Julianna is working with the bag supplier. She can drive the ordered bags to nationals to distribute.

TASK: Cameron to create an expense outline for the Team Canada Staff to present to the RSC board.

6. **IJRU & Pan Am Update** - Carly/Cameron

6.1. Pan AM Update

There was a Pan Am call on February 8th to which RSC was invited. Shaun Hamiliton was working with the Pan Am organization leaders to help support them in growing the organization.

The Pan Am leaders feel their biggest barrier currently is finding a venue that can be secured and have enough participants to cover the costs of a competition. They also need help with governing documents. Carly attended the call and suggested Pan Am reach out to RSC for help with these items.

6.2. IJRU Membership Payment

Motion: To approve $105 USD to be paid to IJRU for Rope Skipping Canada's Membership.
Moved by: Cathy Cunningham
Seconded by: Jana Hamiliton
Carried

7. **Nationals 2025**

The event medals have been ordered and the invoice has been sent. The logo has been created for the event.

TASK: Sam Faris to reach out to Tim Segato about news and promotion in Saskatoon.

Activation event: 12 applicants. Ages 14+ from AB and BC.

An RSC sub group will assess the applicants and create the presentation outlines - Cathy Cunningham, Jana Hamiliton, Shannon Fox, Tyrel Gibson, Sam Faris.

Budget: $3000 divided by 8 athletes. $375 per individual.

TASK: Jana to initiate a meeting with Tyrel & the group for the activation event applicants.

8. **Registration & Membership** - Cameron

	Full					Full Total	Recreational		Recreational To	Temporary	Tempc	Grand
Province	Athlete	Coach	Coach/Athlete	Judge	Volunteer		Athlete	Coach/Athlete		Athlete		
Alberta Total	106	6	11	51	20	194	57		57			251
BC Total	122	7	13	16	8	166	80		80			246
Nova Scotia Total	25	6	1	6	6	44	47		47	4	4	95
Ontario Total	184	22	6	85	16	313	210	25	235			548
Grand Total	**437**	**41**	**31**	**158**	**50**	**717**	**394**	**25**	**419**	**4**	**4**	**1140**

9. **Document Updates**

9.1. [Judge Policy Proposal]

This policy takes the new judge rules and the number of athletes we historically have at nationals to determine how many judges a PSO needs to provide. PSOs can use this to determine how many total judges they need and then distribute it down to clubs for each club to calculate the number they need to provide.

Motion: To approve the Judge Policy as amended.
Moved by: Sam Faris
Seconded by: Cameron Short
Carried

TASK: Carly Simpson to set up a new judge training session to be sent out with the new judge policy.

10. **Committee Updates & Review**

10.1. **Athlete Council -** Sam F.

The committee mainly discussed the activation event.
They also discussed their social media presence and how to engage the athletes in the instagram page.

10.2. Competition Committee - Carly

Additionally to the judge policy the committee discussed the request to add a 55+ age category to the RSC National Championships. 30+ is growing globally and the 30+ division may become too competitive for 55+ athletes to feel comfortable participating.

The committee is recommending PSOs to offer a 55+ category in their 2025/2026 season to see how many athletes are interested in participating in this division.

TASK: PSO reps to bring to their boards the request from RSC to host a 55+ category at their provincial events in 2025/2026 and report back their participation numbers.

There was a request from the athlete council to the competition committee for photographers to be available through the whole national competition and the live stream to have commentators. This has been sent to the NTC.

10.3. Coaching Committee - Shannon

There is confirmed representation from across the country and Shannon is scheduling a meeting.

10.4. Technical Committee - Cameron

The committee discussed the updates that need to happen behind the scenes because of the new judging rules. Tim Segato is going to discuss with Andrej Kyselica at the next IJRU tech meeting how to best streamline the tables and heat sheets with the new rules.

10.5. Awards Committee - Cameron

The coaching award and scholarship application/nomination forms have been converted to google forms. The forms and criteria have been updated on the RSC website and added to the newsletter. BC has a rep. AB, Ont, and NS are still waiting on a rep. Bonnie Marquis has agreed to be the chair again this season and Mary Kish will continue as a committee liaison.

11. Coast to Coast

British Columbia - Cathy

JRBC's Records Day is in progress. Teams hold a speed and power competition at their practices and send in results to be ranked against other JRBC teams. The BC provincial championships are in April. Team Canada athletes are working hard on their events to prepare for the IJRU World Championships this summer.

Alberta - Julianna

The Alberta Open is next weekend February 22/23. RSA has discussed the accommodations requested from an Alberta team. They have declined the accommodations for the Alberta Open, but are meeting with the club to discuss options for other competitions in the season.

Julianna attended an Introduction to Neurodiversity and Holistic Inclusion in Sport and Physical Activity seminar on February 10th. The big takeaway for RSC was that everyone is neurodiverse and you cannot accommodate 100% of all people. You do the best you can. A lot of suggestions the presenter mentioned Rope Skipping Canada have already implemented with the RSC challenge, open competitions, local camps and for-fun competitions. The presenter suggested discussing with individuals who don't feel supported and what they think could help. She also mentioned that competitive sport and competition is a life skill that people involved will need to learn in order to continue participating at high levels.

Ontario - Sam F.
The Ontario Open is next weekend, February 22/23. The ORSO AGM is this Wednesday, February 19th.

Nova Scotia - Cameron
The RSANS Provincial Championships are March 1st, followed by the RSANS Provincial Recreational Camp and Competition on March 2.

12. New business

13. Old Business

13.1. Tasks From Previous Board Meetings

<u>Tasks from the July 14, 2024 Board Meeting</u>
TASK: Carly to get the rule book updated to state RSC is following the IJRU rules for 30+ **COMPLETE**
TASK: Cameron to add a reminder for RSC awards on all communications next season. **- COMPLETE**

<u>Tasks from the August 11, 2024 Board Meeting</u>
TASK: Carly to reach out to Alyssa about looking at RSA's documents, see if Sport Law can just review the documents instead of creating new ones. If RSA has the majority of the required policies can we get a reduced quote for creating the remainder and reviewing the current ones. **- COMPLETE**

<u>Tasks from the November 24, 2024 Board Meeting</u>
TASK: Carly to make a TOR for an RSC judging task force. - **IN PROGRESS**

TASK: Cameron to include the new rule book in the Team Canada and RSC December newsletter communications. **- COMPLETE**
TASK: PSO reps to get experienced nominees to sit on the awards committee. There is 1 position per province to serve a 2 year term. **- IN PROGRESS**

<u>Tasks from the January 12, 2024 Board Meeting</u>
TASK: Carly Simpson to reach out to RSA to schedule a meeting with someone from their board and the RSA male athlete council representative. **- COMPLETE**
TASK: Carly Simpson to tell RSA that we are recommending that the province can determine accommodations and if it is approved by RSA and the athletes qualify then the request can come to RSC. **- COMPLETE**
TASK: Carly Simpson to respond to the club requesting accommodations to let them know that RSA will be discussing the request. **- COMPLETE**
TASK: Cameron to make a google form for expression of interest in the athlete promotional event in Saskatchewan. **- COMPLETE**
TASK: Cameron Short to update the national qualification policy and get an updated copy of the competition manual from Sydney McLennan **- COMPLETE**
TASK: Cameron Short to create a google form to gauge interest in a camp at the 2025 National Championships. **- COMPLETE**
TASK: All board members send a write up to Cameron for the newsletter. **- COMPLETE**

14. Next Meeting: March 23, 2025

15. Adjournment at 9:45pm
Moved by: Carly

<u>Tasks from this meeting:</u>
TASK: Cameron to create an expense outline for the Team Canada Staff to present to the RSC board.
TASK: Sam Faris to reach out to Tim Segato about news and promotion in Saskatoon.
TASK: Jana to initiate a meeting with Tyrel & the group for the activation event applicants.
TASK: Carly Simpson to set up a new judge training session to be sent out with the new judge policy. **- COMPLETE**
TASK: PSO reps to bring to their boards the request from RSC to host a 55+ category at their provincial events in 2025/2026 and report back their participation numbers.