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RSC Board Meeting Minutes
December 14, 2025
7 p.m. ET
Via Google Meet

Attendance
Carly Simpson
Cathy Cunningham
Shannon Fox
Sam Faris
Autumn Nesdoly
Cameron Short

Absent
Jana Hamilton
Darren McLean

Item	Topic	Action/Due
1.	**Welcome and Call to Order** - Cameron Call to order at 7:07	
2.	**Approval of the December Meeting Agenda** **Motion:** To approve the December 14, 2025 meeting agenda as (amended) Cathy motion Autumn second	
3.	**Approval of the November 9, 2025 Meeting Minutes** **Motion:** To approve the November 9, 2025 Meeting Minutes as presented. Cathy motion Shannon seconded	
4.	**Appointment of Officers** - Cameron **Treasurer:** Currently Vacant	Cameron to connect with Darren re: treasurer

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5.	**IJRU Update** - Cameron/Carly/Shannon **General Congress** ● 3-hour meeting ● Shannon to put together a report for the board ● AIMS application was a large topic ○ Canada to focus on sport recognition ○ Representative from Sport Accord was on the call ● Elections ● Review of finances - goal is to hire someone to take on day-to-day admin tasks ● Constitutional updates ● Overview of World Championships ● Interschool Sports Federation - working to get jump rope within school world-wide ● Large takeaway is that they are recruiting volunteers in all areas ○ There are links to volunteer applications **AIMS application** ● Kiralee reached out to Cameron with a list of things we need to update in the AIMS survey ● Cameron to work on completing AIMs **Pan-Am Competition** ● Cameron is meeting with Ernesto to discuss upcoming Pan-Am competition in July 2026	Shannon to put together report to share with the board by December 19 Cameron to complete AIMS survey
6.	**Sportslaw Policies** - Cameron Autumn - make sure we update language to reflect RSC, members, etc. Organizational Participant = member in good standing ● Need to update in all policies Waiver: ● Autumn asked about special section referring to BC ● Cameron indicated that this is required by law and she learned this on the call with Sport Law ● With the updated waiver, we probably want to get this approved and sent out this season Appeals Policy	Carly and Cameron to divide up documents and have updated documents ready for January board meeting

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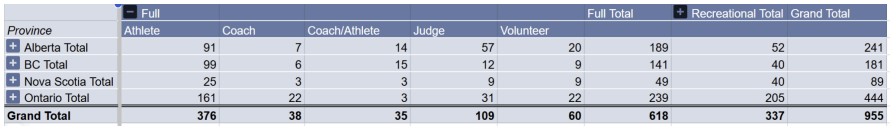
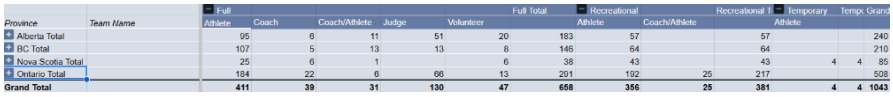
	● Is there any ability for non-members to submit a complaint Code of Conduct ● Can other organizations use this at their PSO or Club level? ○ Yes, and then clubs and PSOs can add to this with anything specific to their club	
7.	**Financial Review and Registration Update** - Darren/Cameron Registration as of Dec 14th:  Dec 2024  No update on financials as Darren is absent Very little change in registration numbers since the last meeting	
8.	**Strategic Plan Update** - Cameron **Division of priorities** **Stakeholders** - Sam Faris and Carly Simpson **Financial** - Darren **Internal Processes** - Autumn Nesdoly (optimize event organizations) and Cameron Short **Growth Enablement** - Shannon Fox (focus on coaching) and Cathy Cunningham **Town Halls 2026** ● Bi-monthly town halls starting in January ● Can we do this at a set time every other month? Example, the third sunday of every other month January - World Qualifications March - Coaching strategies May - Marketing/Promoting the sport July - Grass roots and rec programming September -	Create survey for PSOs and ask for responses before the January meeting

Province	Full					Full Total	Recreational Total	Grand Total
	Athlete	Coach	Coach/Athlete	Judge	Volunteer			
Alberta Total	91	7	14	57	20	189	52	241
BC Total	99	6	15	12	9	141	40	181
Nova Scotia Total	25	3	3	9	9	49	40	89
Ontario Total	161	22	3	31	22	239	205	444
Grand Total	**376**	**38**	**35**	**109**	**60**	**618**	**337**	**955**

Province	Team Name	Full					Full Total	Recreational		Recreational T	Temporary	Temp	Grand
		Athlete	Coach	Coach/Athlete	Judge	Volunteer		Athlete	Coach/Athlete	Athlete			
Alberta Total		95	6	11	51	20	183	57		57			240
BC Total		107	5	13	13	8	146	64		64			210
Nova Scotia Total		25	6	1		6	38	43		43	4	4	85
Ontario Total		184	22	6	66	13	291	192	25	217			508
Grand Total		**411**	**39**	**31**	**130**	**47**	**658**	**356**	**25**	**381**	**4**	**4**	**1043**

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	November -	
9.	**Charitable Donations -** Shannon Shannon sent an email about donations ● Club donates to RSC and then RSC gives a charity receipt ● Jump Energy is requesting this ● A parent wants to donate money to Jump Energy, but if they donate to RSC they can get a tax receipt ● Jump Energy is not able to give a tax receipt Autumn indicated that this is common in other sport organizations. Suggested that we make this one of the tasks performed by the general manager and then the RSC board would only need to approve if it is for Jump Energy where there is a conflict of interest. Cameron indicated that we should review a Shannon agreed that this is ultimately helping grow the sport Suggest having a "Donate" button on the website where we can take donations. **Carly motioned** - To Approve a donation is accepted by RSC on behalf of Jump Energy and issue a tax receipt Autumn seconded Unanimous decision **Autumn motioned** - RSC to build a donation process through the RSC website. Cameron Seconded Unanimous decision	Shannon to reply to Sam's email that we have passed the motion to accept the charitable donation Cameron to build a process for intaking donations on the website
10.	**Committee Updates:** **Athlete Council** - Brad ● Athlete Council elections in each province - ORSO nominates from their existing AC ● BC - held election at fall camp and did a ballot box. Received feedback that it was just a popularity contest. ● RSA - Allowed the athletes to speak about why they are running before the election. BC is asking if there is another way to do it so it isn't a popularity	

	contest. ● Carly suggested once the PSO has a list of nominees they can send a survey with questions about why they want to be on the AC, what skills will they bring to the AC, etc. and then circulate to the members. Notes from previous AC meeting: Brad was officially voted in as the chair of the committee. NS had 1 rep back out and are working on finding a replacement. The committee discussed the different RSC committees and the athlete rep role on them. They are reviewing the RSC rulebook and strategic plan. They are also exploring options for the athlete council to connect with the competitors at nationals. They are compiling bios to be added to the January newsletter and RSC socials. **Competition Committee** - Carly ● National Records by non-Canadian Citizens ○ Competition Committee recommends that we follow something similar to IJRU for being part of Team Canada ○ Suggested adding an address line to our RSC registration so that we can validate they are Canadian residents ○ RSC waiver already includes a line for the address ○ Can we ask PSOs to let us know if any athletes have a non-Canadian address ○ Carly suggested that we can't make our registration process so clunky that it hinders larger clubs as we want to promote growth in the sport - Autumn to look into this as part of the strat plan ○ Competition Committee to add a line to the rulebook that you have to have a Canadian address to compete at a Canadian Competition and set a National Record ○ Competition Committee to state that if someone doesn't meet the above requirements, they can submit a request to the board to compete. ○ Revisit the concept of PSOs collecting waivers (PSO reps let your boards know that if they have a participant without a Canadian address, they need to let the PSO know) ● Delay of Tournament - ○ Yes, they would like something in the rulebook about this. If it is the fault of the athlete or not the fault of	Action item (see notes)

	the athlete ○ Add language to the rulebook **Coaching Committee -** Shannon ● Manual One - General Coaching ○ Almost complete and just filling in a few gaps ○ Should be ready in the next few months ● Reviewing LTAD model from 2016, etc. to make sure it is still accurate ● Reviewing NCCP modules and seeing if there are any modules we should add to coaching requirements **Technical Committee** - Cameron Tim is going to start attending the IJRU calls monthly to keep the group in the loop with any changes. All competitions have been added to the registration system ready for provincial leads to set up. Event approval process - IJRU wants to make sure that all events are approved **Awards Committee -** Cameron An email went out to all former members today. Almost all have responded. The TOR will be updated soon and the committee will be set to go in the new year to be prepared for application/nomination deadline April 1st. **National Tournament Committee** - Autumn ● Have a meeting coming up on Wednesday ● Would like PSO reps to reach out to their organizations to respond to the Nationals survey ● An update was sent in the newsletter for DDC added ● Ask Nicola to add a line to the registration for Video Replay volunteers ● RSC is asking the PSOs to purchase the video replay equipment - RSC could rent it from ORSO ● NTC is looking into Laval for 2027	Cameron to reach out to Ann (IJRU) to see if there is a streamlined process for event approval to get approval for all PSO events Cameron/Sam to send out mailjet to remind about the Nationals survey
11.	**Coast to Coast** **British Columbia** - Cathy Teams are doing Santa parades and then records day in February **Alberta** - Autumn Lots of school and holiday demonstrations. The Mix, Mingle and Jump event is happening in January. Judges don't need a judge training, but would like to participate in any judge coaching.	

	Ontario - Rec programs are winding down. Multiple teams have done some Santa Claus parades. Competition planning is fully underway with our first competition being a speed and power event at the end of January that will serve as a provincials qualifier for individual events. ORSO is also looking at celebrating our 35th anniversary at this event. **Nova Scotia** - RSANS started their competition season November 16th with a masters competition where athletes competed in all of their individual events. The event went really well. There was level 2 speed training during the event that the majority of new judges attended. RSANS had their AGM the same day, the board remains the same. Clubs have been doing Christmas events and starting to wind down for the holidays. The board is working on bringing down guest instructors to work with clubs. The next event planned is a recreation & school camp/competition January 31st and a competitive camp on February 1st. Level 2 freestyle judge training is planned for that weekend as well.	
12.	**New Business** ● Autumn clarified if Brad would now be the AC rep on the NTC and Sam verified that he would stay in that role Newsletter ● Re-occurring segments in the newsletter - bios of committees ● Cameron will share a document with ideas for us to provide ● Would like to have an historic member highlight - how could we do that? ● Engagement for current athletes - what does skipping mean to you? Or other questions and then create videos for social media, etc. Call to action ● Cameron calls on all board members to be working between meetings (i.e., strategic priorities), email responses should be within 48 hours, need to respond even if you don't have something new to add (because this demonstrates that you've seen the email) ● Make sure the email you are using for the board is one that you check regularly	Cameron to provide a working document for us to start brainstorming
13.	**Old Business** **<u>Tasks from the November 24, 2024 Board Meeting</u>**	

	TASK: Carly/Cathy to make a TOR for an RSC judging task force. - **IN PROGRESS** **<u>Tasks from the March 23, 2025 Board Meeting</u>** **TASK:** For the competition committee to review the proposed minimum scores from the past and review them for the 2027 WC. **- COMPLETED** **<u>Tasks from the November 9, 2025 Board Meeting</u>** **TASK:** Board to review and vote on the Sportlaw policy before the next meeting **TASK:** Carly/Cameron to send survey to club contacts with rationale for the November qualifier with reasons and then ask for open feedback **TASK:** All board members to provide Cameron with annual tax filing requirements - **COMPLETED** **TASK:** Carly/Cameron to update link to Competition manual on RSC website **TASK:** Brad/Sam to share minimum scores with Athlete Council and ask for feedback - **COMPLETED** **TASK**: NTC to confirm if we want to move forward with video replay for 2026 National and provide pricing - **IN PROGRESS** **TASK:** PSO reps to provide names and official emails for each PSO board member so we can update our communication lists **TASK:** Each board member to review the Strategic Priorities prior to the next meeting and come prepared to take on/own one of the priorities. - **COMPLETED**	
14.	**Next Meeting Date -** January 11, 2026	
15.	**Adjournment at:** 9:22 ET **Moved by:** Autumn	