



Rope Skipping Canada

Saut à la Corde Canada

**Rope Skipping Canada Competition Committee
2024 AGM Report**

The competition committee started off the season with the drafting and implementation of the RSC International Tournament Qualifier Policy, to be used for Canadian athletes to qualify for IJRU 2025 in Japan, and drafted a set of recommended speed scores for this tournament. In an effort to reduce the length of the days at Nationals, the tournament committee updated the national qualification policy to adjust the number of freestyle spots available for each province. The competition committee made several changes to the Canadian Competition Manual, such as team show and group routine qualification and the gender policy.

The competition committee is looking forward to the next season and there will be updates sent out soon regarding what we are currently working on!