



Rope Skipping Alberta had a very successful 2023-24 season. Our year started with our annual Summit weekend. The event was well attended by our athletes who learned a great deal from the various facilitators that we had brought in for the 2 ½ day event. During this time, we also held a live judges training for all our judges. Our judges were able to put their new training to practice during our 2nd Mix, Mingle, & Jump event. This event partners athletes together who would normally not have a chance to jump together. The athletes get 1 ½ days to create a pairs routine as well as a double Dutch Singles freestyle routine. These are then competed along with a few speed events. This team building event is a great way for our athletes to learn to work together as well as gives our judges some time to practice as well. We travelled the province this year as our two competitions were at opposite ends of the province. Our Open Competition was held in Calgary and our Provincials were held in Grimshaw. The host clubs did an amazing job to provide great facilities and well-run events. There were many Provincial records set over these two competitions. During our provincial competition we awarded the first two Taylor Eleniak Memorial Scholarships. This year we had a few “more senior” athletes compete for the very first time. Hopefully it inspires a few more to join the next season. We had many athletes travel to Waterloo for the 2024 National competition and we are very proud of how they all did. Between practicing and competing, several of our teams took some time to do demos and workshops throughout the season at various schools. Collaboration between our teams allowed for many of our jumpers to perform at the Calgary Stampede, both at the parade prelude show as well as on the grounds. Our teams are continuing to practice over the summer as many of our athletes are hoping to qualify for the 2025 IJRU Worlds Competition. We look forward to an exciting 2024-25 season.

Nicola Eleniak
Chair, Rope Skipping Alberta