

Rope Skipping Canada

National Championships

Organizing Guidelines



Updated January 2013



Table of Contents

Organizing Guidelines

8. Bidding for the RSC National Championship

- 8.1 Bid Presentation
- 8.2 Gymnasium Requirements

9. Gymnasium Setup

- 9.1 Competition Area
- 9.2 Neutral Zone
- 9.3 Trial Boundary
- 9.4 Marshalling Area
- 9.5 Competition Floor Dismantling

10. Announcements and Ceremonies

- 10.1 Announcements
- 10.2 Ceremonies

11. Awards

- 11.1 Ribbons and Medals
- 11.2 Determining Winners
- 11.3 Event Ties
- 11.4 Overall Placement Point Ties
- 11.5 Result Corrections

12. Committees

- 12.1 Technical Committee
- 12.2 Competition Organizing Committee
- 12.3 Sportsmanship Selection Committee

13. Concession

- 13.1 Food and Merchandise

14. Equipment

- 14.1 CD Players
- 14.2 Extension Cords
- 14.3 Clickers
- 14.4 Computers



8. Bidding for Nationals

8.1 Bid Presentation

- 8.1.1 An organization must submit a written proposal to be considered for hosting the RSC National Championship.
- 8.1.2 All bids must be submitted to the RSC Board 30 days prior to the opening ceremonies of the RSC National Championship.
- 8.1.3 Each bidding organization will present its proposal at the Annual General Meeting.
- 8.1.4 Proposals and presentations must include:
 - 8.1.4.1 cost per athlete
 - 8.1.4.2 description of the venue
 - 8.1.4.3 event date
 - 8.1.4.4 accommodation information
 - 8.1.4.5 any other important details.

8.2 Gymnasium Requirements

- 8.2.1 Gymnasium floor must be a high quality sprung wood sports floor.
 - 8.2.1.1 The gymnasium sound system must be of sufficient quality to allow the judges and athletes to hear the callouts when the audience is cheering loudly. (10-11)
- 8.2.2 Gymnasium floor must be large enough to accommodate at least two freestyle areas.
- 8.2.3 Practice space must be provided for the athletes.
- 8.2.4 Team freestyle area is 12 meters square (08-09).
- 8.2.5 Masters freestyle area is 12 meters square (08-09)
- 8.2.6 Team speed and power area is 5 meters square.
- 8.2.7 Masters speed and power area is 5 meters square.
- 8.2.8 Group routine floor space is 28 meters by 15 meters or university regulation basketball court. (11–12)
- 8.2.9 **Outside** each trial boundary a 1 x 1 meter coaching box will be taped on the floor. The position of the box will be at the front of the trial boundary on the judge's right side. (12-13)
- 8.2.10 All measurements are to be taken from the inside edge of the line maker. (08-09)



9. Gymnasium Set Up

9.1 Competition Area

- 9.1.1 The competition area must be roped off.
- 9.1.2 Athletes, coaches, judges, championship committee members, technical committee members, and first aid attendants are permitted into the competition area.
- 9.1.3 Spectators who try to enter the competition area will be asked to leave the floor by championship security.
- 9.1.4 Journalists and photographers must be accompanied while in the competition area.

9.2 Neutral Zone

- 9.2.1 A minimum one meter neutral zone must surround the competition boundary.
- 9.2.2 Allows for traffic to flow past the competition boundaries and for use in case of an emergency.
- 9.2.3 Impeding the flow of traffic due to sitting or standing in the neutral zone is not acceptable.

9.3 Trial Boundary

- 9.3.1 Athletes are permitted in the competition boundary during, immediately prior to and immediately following their trial.
- 9.3.2 First aid attendants are permitted in the competition boundary only in the case of an injury.
- 9.3.3 No other people, objects or animals may breach the competition boundary.
- 9.3.4 The competition floor must remain cleared until all athletes from every age category and division have competed. (07-08)

9.4 Marshalling Area

- 9.4.1 Athletes must be given a place near the competition boundaries to wait for their trial.
- 9.4.2 This area must be large enough to allow up to 20 athletes to occupy it for freestyle events.

9.5 Competition Floor Dismantling

- 9.5.1 All athletes must be finished competing in their events before the competition floor can be set up for the next event or dismantled. (07-08)



10. Announcements and Ceremonies

10.1 Announcements

10.1.1 Announcements should never be made during an event trial.

10.2 Ceremonies

10.2.1 Competition Awards Ceremonies

10.2.1.2 Awards for fifth to first place in each event will be presented, including overall winners.

10.2.1.3 Event awards should occur on the same day that the events were completed.

10.2.1.4 Overall medal ceremonies will occur after the event awards have been distributed.

10.2.2 Championship Awards Ceremonies

10.2.2.1 The Scholarship Winner presentation should occur after the competition ends on the final day but before the competition awards ceremony

10.2.2.2 Sportsmanship Award presentation should occur after the competition ends on the final day but before the competition awards ceremony.

10.2.2.3 Canadian National Record holders will be announced during the awards ceremony for each individual event.

10.2.2.4 Team Canada should be announced after all the competition awards ceremonies and on the final day of the competition

11. Awards

11.1 Ribbons and Medals

11.1.1 Ribbons

11.1.1.1 Each athlete on a team will receive a ribbon for each event where they place fifth or higher.

11.1.1.2 Each athlete on a team will receive a ribbon for overall awards where they place fourth or fifth.

11.1.1.3 Each athlete in the master's competition will receive a ribbon for each event where s/he places fifth or higher.

11.1.1.4 Each athlete in the master's competition will receive a ribbon for overall awards where they place fourth or fifth.

11.1.1.5 Each athlete will receive a participation ribbon.

11.1.1.6 Ribbons will be supplied by the championship organizing committee.

11.1.1.7 First place ribbons must be either red or blue; second place ribbons must be either red or blue; third place ribbons must be white, fourth place ribbons must be yellow, and fifth place ribbons will be green.



11.1.2 Medals

- 11.1.2.1 Each athlete on a team will receive a medal for overall awards where they place first, second or third.
- 11.1.2.2 Each athlete in the master's competition will receive a medal for overall awards where they place first, second or third.
- 11.1.2.3 Medals will be supplied by the RSC.
- 11.1.2.4 Lanyards for the medals will be supplied by the championship organizing committee.
- 11.1.2.5 Lanyards may be any colour, design, shape or size; as long as they can still be hung around the neck of the athletes and the medal can hang from it.

11.2 Determining Winners

11.2.1 Event Placement Points

- 11.2.1.1 First place receives 100 points; second place receives 99 points, third place receives 98 points etc.
- 11.2.1.2 Athletes will receive 0 points for events they do not compete in.

11.2.2 Overall Winners

- 11.2.2.1 Overall awards will be presented for both the team and masters competitions.
- 11.2.2.2 Athletes must compete in all events in the respective competition to be eligible for the overall awards.
- 11.2.2.3 Each athlete's placement points for all events will be added together to determine the top awards for each age category division for the masters competition.
- 11.2.2.4 Each team's placement points for all events will be added together to determine the top awards for each age category division for the team competition.

11.3 Event Ties

- 11.3.1 When a tie of two or more athletes/teams occurs the athletes/teams will receive the same numerical value.
- 11.3.2 The place immediately following the tie will lose one point per additional athlete/team in the tied placing.
 - 11.3.2.1 IE: two-person tie in second place would receive 99 points each. The next athlete would receive 97 points, and would place fourth but receive third place ribbons.
 - 11.3.2.2 IE: three-person tie in second place would receive 99 points each. The next athlete would receive 96 points, and would place fifth but receive third place ribbons.

11.4 Overall Placement Point Ties

- 11.4.1 If the sum of more than one athlete's numerical values is the same in the masters competition, the winner will be determined in the following order:
 - 11.4.1.1 The highest single rope freestyle score wins.
 - 11.4.1.2 If a tie still exists, the highest consecutive power score wins.
 - 11.4.1.3 If a tie still exists, the highest speed – three-minute endurance score wins.
 - 11.4.1.4 If a tie still exists, the highest speed – 30-second score wins.
- 11.4.2 If the sum of more than one team's numerical values is the same in the team competition, the winner will be determined in the following order:
 - 11.4.2.1 The highest double dutch pair's freestyle score wins.
 - 11.4.2.2 If a tie still exists, the highest double dutch single freestyle score wins.
 - 11.4.2.3 If a tie still exists, the highest single rope team freestyle score wins.



- 11.4.2.4 If a tie still exists, the highest single rope pair's freestyle score wins.
- 11.4.2.5 If a tie still exists, the highest double dutch speed relay score wins.
- 11.4.2.6 If a tie still exists, the highest double dutch pairs speed score wins.
- 11.4.2.7 If a tie still exists, the highest single rope speed relay score wins.
- 11.4.2.8 If a tie still exists, the highest single rope power relay score wins.

11.5 Result Corrections

- 11.5.1 Any errors in the results that are corrected after the results have been announced shall cause the results to be announced in the correct form.
 - 11.5.1.1 Duplicate awards will be given out.

12. Committees

12.1 Technical Committee

- 12.1.1 Will watch for fair play, flash photography, injuries and will field all appeals.
- 12.1.2 Will be positioned at three different stations to watch the competition.
- 12.1.3 Committee Composition and Selection
 - 12.1.3.1 Each province shall nominate two representatives for the Technical Committee pool. (10-11)
 - 12.1.3.2 Each nominee must have a minimum of two years jump rope experience, and have completed the Technical Committee training program.(10-11)
 - 12.1.3.3 The Technical Committee will be selected from the pool by the Championship Organizing Committee, and approved by the RSC Board.(10-11)
 - 12.1.3.4 The Technical Committee will be comprised of three members, each from a different province.(10-11)
 - 12.1.3.5 One of the three elected members of the technical committee will be selected by the tournament committee to be the Chair of the committee. (11 – 12)
 - 12.1.3.6 Members of the committee shall be solely dedicated to the committee, having no alternative commitments at the championship. (10-11)
 - 12.1.3.7 The Chair of committee will mediate committee discussions and ensure all paperwork is filled out fully and on a timely basis. (10-11)
- 12.1.4 Authority
 - 12.1.4.1 Grant the request expressed in the appeal.
 - 12.1.4.2 Not grant the request expressed in the appeal.
 - 12.1.4.3 May order reskips.
 - 12.1.4.4 Disqualify athletes.
 - 12.1.4.5 Eject athletes, coaches, judges or spectators from the premises.
 - 12.1.4.6 Suspend athletes, coaches, or judges.
 - 12.1.4.7 May order a change of uniform for an athlete who is in inappropriate attire according to section 2.5.3 before further competing is allowed. (07-08)
 - 12.1.4.8 May disqualify athletes who consistently come to championships wearing inappropriate uniforms. (07-08)
- 12.1.5 Appeals
 - 12.1.5.1 Appeals submitted according to the appeals requirements outlined in the rulebook will be deliberated.
 - 12.1.5.2 Appeal decisions must be handed down before the end of the competition day.



- 12.1.5.3 Appeal decisions will set precedence for future consideration.
- 12.1.5.4 All appeals and decisions must be quantifiably detailed and submitted to the RSC Board for future technical committees.

12.1.6 Flash Photography

- 12.1.6.1 Flash Photography is prohibited in the competition area and spectators seats during the competitions.
- 12.1.6.2 People using flashes should be given a first warning, and may be ejected from the gym for the remainder of the championship if use of the flash continues.

12.1.7 Correspondence

- 12.1.7.1 Will only receive requests for inquiry from one club designate, who must be determined prior to the commencement of the competition.

12.1.8 Will review any national records that are set.

12.2 Competition Organizing Committee

12.2.1 A sub-committee of the championship committee.

12.2.2 Will organize all aspects of the Canadian National Championship's team and masters competitions:

- 12.2.2.1 Judges schedules
- 12.2.2.2 Athletes' orders
- 12.2.2.3 Preparation of competition computer program
- 12.2.2.4 Use of the in house sound system for the speed and power events and MCing. (10-11)
- 12.2.2.5 CD stereos for freestyle events
- 12.2.2.6 Printing of paperwork
- 12.2.2.7 Working air conditioning is strongly recommended for the duration of the competition. (10-11)

12.2.3 Must operate within the budget provided by the championship organizing committee.

12.2.4 The competition organizing committee must inform participating clubs two weeks prior to the competition date, if changes to any division are expected.

12.2.5 Ensure enough judges are signed up for substitution and in cases of absences.

12.2.6 Judges must be supplied with white competition shirts to be worn as their uniforms.

12.3 Sportsmanship Selection Committee

12.3.1 Will select the winner of the annual sportsmanship award according to overall attitude throughout the championship, including but not limited:

- 12.3.1.1 friendliness
- 12.3.1.2 willingness to help others.

12.3.2 The committee will be comprised of one representative from each province.

12.3.3 The committee will be formed two weeks prior to the Canadian National Championships.

12.3.4 One athlete will receive this award annually.

12.3.5 One athlete from each provincial championship can be nominated by the provincial



organization's board.

12.3.6 Nominations must be received by the Championship Committee in form of a letter two weeks prior to the RSC National Championship. (07-08)

13. Concession

13.1 Food and Merchandise

13.1.1 The championship committee may offer food and merchandise concessions.

13.1.2 Visiting teams may apply to the championship committee to sell food or merchandise on site.

14. Equipment

14.1 CD Players

14.1.1 Must be able to play burned CDs.

14.1.2 Must be loud enough to be heard by the athletes.

14.1.3 Must be skip-proofed.

14.2 Extension Cords

14.2.1 Must run to each freestyle table

14.2.2 Must be secured via tape, carpet or another means so tripping does not occur.

14.3 Clickers

14.3.1 Must be tested for accuracy prior to the start of the competition.

14.3.2 The championship committee must provide enough clickers for all speed/power judges including several which may be used as replacements.

14.3.3 Office supplies for judges such as pens, pencils, paper, staplers, staples, paperclips, erasers etc. should be abundantly supplied.

14.4 Computers

14.4.1 Required for processing scores and backup.

14.4.2 Printer required for results distribution.

